



The Sea Trailer

February President's Message

While there is still the uncertainty of the STC bankruptcy hanging over the resort, there are plenty of things about which we can be positive. The weather has been spectacular, especially compared to the past three years. Temperatures for the last week in January were in the 60's and the sun has been showing up on a regular basis. Many believe that the golf courses are in the best shape they have been in over the past several years. The Sunday brunch and Thursday buffet have been well received and the apparel in the pro shops seems to be moving well. The restarting of the rental program has just been announced and everyone is hopeful that it will help trigger the revival of services that have been dormant. There are a number of significant court deadlines coming up and as has been the case, you will be kept informed through special email messages.

The New Year and the new budget have triggered a flurry of activities as the various Master Association committees begin to implement their projects. The Pink Palace pool has been resurfaced and there are new tables in the main meeting area. Items identified in the MAC inspection are being addressed with safety issues being first on the list (please see related cat story). The winter landscaping looks great, social events abound, and people are making the best of the current situation. It is clear from the number of users in the workout room that many New Year's resolutions are being kept. (continued on next page)

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Printer Friendly Calendars

Based on feedback received, color shading has been removed from the Pink Palace, MAC, and Creek Side calendars that are in the newsletter.

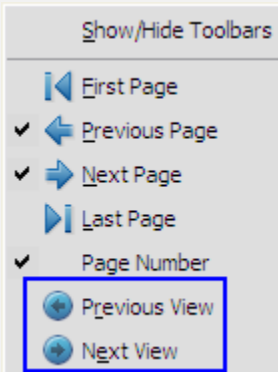
PDF Navigation Tip

If you use the Table of Contents links in the newsletter (or any links in a PDF) and you want to go back to where you were when you clicked a link, add Previous/Next View icons to your navigation toolbar.

1. Right-click in the Page Navigation toolbar.



2. Select Previous View to add it to your toolbar. Repeat for Next View.



3. After clicking a link, click the Previous View icon to return to where you were when you clicked the link.



President's Message continued

Time after time, the residents have stepped up and gotten involved, offered suggestions and given feedback that continues to guide the leadership. Enough cannot be said about the quality of those who make Sea Trail their home.

Enjoy all that we have available. Read this entire newsletter and visit the website to make sure you are aware of the various events and activities waiting for you. – *Gregg DeCrane*

Feral Cat Issue

We have a problem that needs everyone's cooperation. Both the Brunswick County Health Department and the professional who performed the inspection of the MAC have pointed out to us that there is a liability issue with feral cats at our amenity centers. While the feral cats are recognized for the service they perform with controlling rodents and snakes, we cannot put our residents and guests at risk by encouraging the cats to congregate around our facilities.

We are asking that the feeding of feral cats be confined to private residences and no longer in public areas. It is hoped that the issue will be resolved voluntarily and it will not require enforcement. We are also in the process of contacting experts on the subject to look at the problem from all the various perspectives. Thank you for your understanding.

Health and Safety Committee Presents: "Side Effects of Common Medications"



The Health and Safety Committee is excited to introduce our first of many programs we have planned for this year. Our first presentation will be a talk given by Curt Butts RPh entitled [Side Effects of Common Medications](#). Curt is a pharmacist at the Sunset Beach Walgreens and a resident of Sea Trail. This program will be on Thursday evening, **February 9 at 7 pm at the Pink Palace**. At the conclusion of Curt's remarks, he will spend as much time as needed to answer questions you may have about medication interactions, over-the-counter medications, herbal products, dietary supplements, and generic alternatives. Please come join us for an informal but a very interesting evening.

From the Facilities Committee

We are addressing the issues raised during the inspection of the MAC. The main areas of concern are the issues classified as safety. Many of the issues found are electrical in nature. A licensed electrician has been asked to perform the work to correct the issues. The other items that need to be corrected at the MAC are being addressed as quickly as we can hire qualified people to work on them. Our next area of concern is the acoustical issue with the Sunset room and the Multi-purpose room. We believe the best and most reasonable solution in the Sunset room will be carpet. The Multi-purpose room will require wall panels to absorb the sound, since the purpose of the room eliminates carpet as a solution. We have set the quarterly maintenance days for this year, when the buildings will be closed. They are 30 Jan, 27 Apr, 30 Jul and 30 Oct. During the Jan date the thermostat in the Multi-purpose room will be changed to allow us better control of the temp in all seasons. A garbage disposal has been installed in the Pink Palace. The new tables for the PP have been delivered and are in use. We plan to start re-upholstering the chairs in the Palace around the end of January. The remaining few items approved in our 2012 budget will also be handled as soon as the weather allows. – *Day Kreuzburg, Chairman*



Sunset Cyclists

The Sunset Cyclists endured the cold weather in January and continued to ride. One Saturday in January, we rode in the cold and wind from Sea Trail to DeVaun Park and continued through the Pearl and ended up at Thistle Golf Club for a great lunch. The 14 miles seemed way too short. Our last January ride was in the Grand Dunes and you'll discover our adventures there in next month's newsletter.

Beginning in February, our Club meetings, when necessary, will be held during our after-ride lunches instead of on a regular basis. This will be members' opportunity to select ride locations and discuss any concerns or make suggestions to improve the club. Google groups site will be our main source of communication for members.

If you would like to join us for a ride in February, meet us at the parking lot across from the Maples Clubhouse at 11 a.m. Our rides are usually about 12 miles followed by lunch. Make sure your bikes are in riding condition and you have a helmet. If you would like to join our club, our dues are \$10/year. Email chardoo@atmc.net for more information.

Sea Trail Social
Committee and Sea Trail
Actors' Repertory
(S.T.A.R.) present

A.R. GURNEY'S "LOVE LETTERS"



**Starring John McDermott
and Linda Stinson**

**Directed by Wally
Hartsburg**

March 10th

at the Pink Palace

Doors open at 7 p.m.
BYO pre-theater food & drink

Coffee & dessert will be
provided after the show.

Curtain time 8 p.m.

\$2.50 per person to cover
production rights

Individual or table (6 or 8 people)
reservations may be made
(maximum capacity is 110). Make
checks payable to Sue Cole STSC
& drop off to Diane Kreuzberg
(224 Sea Trail Drive West) or
Susan Hartsburg (144 Bellwood
Circle in Cobblestone Village). For
table reservation, include list of
names with check.

*No reservations/checks accepted
after Thursday, March 1st*



Thank You

Thank you very much for your many remembrances of our dear George. It is heart-warming to hear from so many and reminds us of the friendships we have treasured these past 22 years. We wish you God's Peace,

Marge Gallop and Family

Thank You

To all my friends that so freely have given me help with driving, cooking, and everything else around my surgery...

I am forever grateful. THANK YOU. LOVE, BIRGIT CARPENTER

Thank You

I would like to take this opportunity to thank all of our friends and neighbors for the many expressions of kindness and love shown during the time of Julie's illness and death. It is during times like these that we most appreciate the value of living in such a wonderfully caring community as Sea Trail.

Ches Burton (and Family)



Rules Committee Recap

For 2011, a total of 77 complaints/violations were received with a wide variety of subjects. Some of the topics covered were:

- Yard appearance
- Screening required for AC units/propane tanks
- Vehicle (car boat trailer RV) parking violations
- Early yard debris out for pick up
- Short term rental violations
- MAC/Pink Palace/Beach parking (violations)
- Animal waste not picked up (complaints received) as well as comments received regarding ongoing issue across Sea Trail neighborhoods.

Vacant Lot Maintenance

In 2011, the Master Association oversaw the vacant lot maintenance program. During the clearing process, dumping of yard cuttings and trimming was observed on some vacant lots. Using another's property is not neighborly and the wastes can attract rodents. Please refrain from this practice and dispose of yard debris properly. For complete official text of the Property Maintenance guidelines, please refer to the Rules Handbook on the STMA website. If you would have any questions please contact a member of the Rules Committee.

-- Jim Leonard



March Dining Around

The **March 5th** dining around will be at Gordon Biersch Restaurant, 3060 Howard Ave., Myrtle Beach, SC (The Market Common) and will be hosted by Karen and John Rastocky, Bob Craig and Gerri Esposito. Cocktail hour will be from 5:30-6:30 and will feature \$4 wine, beer, and well mixed drinks. Dinner will be at 6:30. Appetizer will be fresh roma tomato brushetta. Salad will be offered along with your choice of:

- Pecan crusted chicken with roasted garlic mashed potatoes and fresh veggies
- Award winning meatloaf with roasted garlic mashed potatoes and fresh veggies
- Fresh tilapia with creole cream sauce, jasmine rice and fresh veggies
- Tuscan chicken pasta, grilled chicken, fresh tomatoes, garlic and basil tossed with linguini pasta and parmesan and romano cheese. Coffee and tea are included.

Dessert will be choice of chocolate cake taster or strawberry cheesecake taster.

Cutoff date is **Feb 29th**. Cost is \$25 per person, check made out to John or Karen Rastocky. Please include choice of entree on check and drop off at 340 Sea Trail Dr W.

Participate in the File of Life Program

What medications do you take? Are you allergic to anything? What's your doctors' name & phone number? Have you had any surgeries or procedures we should know about? Who should we call? All of us have answered these questions numerous times but what if we were experiencing crushing chest pain, were so short of breath we felt we would not be able to take another one, or had fallen and were in severe pain and the medical emergency was happening in our home? Could we then answer these questions accurately? Under these stressful conditions probably not but The File of Life program could.

The **File of Life Program** provides emergency responders instant access to a person's medical history upon entering a home during a medical emergency. It provides not only the history but also helps emergency personnel begin treatment in a timely and possibly life-saving manner. The Sunset Beach Fire Department implemented the program in 2009 to enhance its ability to provide prompt quality care in an emergency. Program materials include a decal for a front window or door of your home and a magnet holder that hangs from the refrigerator door and contains your medical history information. When the emergency crews arrive at your home, they recognize the decal and know the information they need to help treat you is on your refrigerator.

For further information about this program, go to the sunsetbeachnc.gov. Click the **Information & FAQ's** tab and then select **File for Life Program**. The one-page explanation will give you all the information needed. If you are interested in the program, please stop by the Fire Department any time of day, any day of the week, and pick up the materials that need to be completed. Fire Department personnel are trained in the program and can help you in completing the necessary forms. Also, Brian Blaine, a member of the Health and Safety Committee, has agreed to be our point person with the Fire Department and can be of assistance with questions as he is already a participant in the program. Please contact Brian at theblaines@hotmail.com or 579-4019.

This wonderful service our Fire Department provides is free to our community. They encourage all who are interested and especially those with special needs regarding their medical condition to assist the emergency responders and ultimately help themselves by signing up to participate. It is so easy "to be on the rolls" and could potentially save your life.

– Emily Shea, Chairperson Health and Safety Committee

Thank You

Thanks so much to all our friends at Sea Trail for the cards, prayers, and calls of well-wishes for a quick recovery that were sent our way. Thanks also to the neighbors in Eastwood Park who kept an eye on our house, helped water house plants and forwarded mail to us. While it was wonderful to be near family in Chicago during John's medical emergency, we missed the warmth and sunshine of our home near the ocean and also the camaraderie of our Sea Trail friends. We're finally back home and ready to get back into the "swing" of Sea Trail living! Barb and John Wojtysiak

Property Owner Changes: New Owners

William G. Carroll
500 Woods Court
Sunset Beach NC 28468
718-508-2144

For the most current resident directory information, please visit the protected area of the Sea Trail website (www.mapost.org)





Ask the Pharmacist

Curt Butts, RPh
**Thursday,
 February 9, 2012**

7 PM @ the Pink Palace

Presented by
 the Health and Safety
 Committee

Thank You

I wish to thank all of my friends at Sea Trail who were concerned about my health and who sent me cards and called me during this time. A special thanks to the people who provided me with rides during my illness.

Thank You, Dick Latham

Scrabble Anyone?

Scrabble every other Tuesday night at the MAC. Call Ellen Lehrer for more info – 575-5340.



Exercise Classes at the Creek Side Fitness Center

All classes are held in the Multi-Purpose Room from **8 - 9 am** except the summer Water Aerobics classes which are held in the Pink Palace pool.



Day	Class	What to bring	Cost/ Instructor
Monday	Low Impact Aerobics with Toning: 30 minutes of low impact cardio plus 20 minutes of toning exercises	Floor mat with Pilates ring (optional)	\$7.00/ Lynn Edgar
Tuesday	Functional Strength Training: designed to strengthen your body as it relates to "real" life activities. After a warm up you will strengthen all parts of your body followed by a full body stretch	Floor mat, hand weights, & exercise ball	\$5.00/ Nicole Depauw
Thursday	Pilates	Floor mat, Pilates ring, & light weights (1-3 lbs)	\$7.00/ Lynn Edgar
Friday	Low Impact Aerobics with Toning: 30 minutes of low impact cardio and 20 minutes of toning exercises	Floor mat & 65 cm stability ball	\$7.00/ Lynn Edgar
Saturday	Cross Training: class changes focus every six weeks. Cross fit, Pilates, Cardio Dance and Strength training	Floor mat & hand weights	\$5.00/ Nicole Depauw
Saturday (summer months)	Water Aerobics	Water shoes & water weights	\$5.00/ Nicole Depauw



Golf » Heard Round the Bag Drop

January weather has not been kind to STLGA members. We were rained out the first three Wednesdays and it was chilly on the 4th Wednesday. All in all, we are hoping for sunnier, warmer weather for February. The courses are in excellent shape with fast, smooth greens and the overseeded fairways have grown in nicely.

The last Wednesday in February is Feb. 29, better known as Leap Day. In honor of Leap Day, there will be a game called, "Leap Over to your Partner". It will be a two-person, pick your own partner game. It sounds like lots of fun so be sure to get a partner and sign up for this tournament.

Thanks to Sharon Winter and Elaine Poston for doing the January pairings. Next month Kathy Blaine and Mary Lou Miller will be doing the pairings.

Sea Trail Prayer Support Circle

February is heart month, and of course, when we think of February we remember St. Valentine's Day and love! It is then time to remind our loved ones how very special they are to us, and how much their love means to us. We send them valentines, buy gifts, and often treat them to a special dinner just to express our love for them.

We should not be surprised then to know how much God loves us every day - all the time, and is always there for us, matter what happens or what we do. His is an undying love - a never ending love for us. He is always there to guide

and help us. But then, we will hear someone ask, where was He, and why didn't He help me and my loved ones when we needed Him most? Would He reply, "my child, you didn't ask"! We are often reminded of the words to an old hymn -

,,, 'oh, what needless pain we bear all because we do not carry everything to God in prayer'.

God's Peace, Prayer Support Circle

Do you have a prayer request? Just call one of our members and let us help. Some are listed here with their areas.

Myrt and Ron Klein, Oyster Pointe, 579-1354; Carol Marchell, Rice Mill, 579-9561; Mary Lou Miller, Kings Trail; 575-4919; Gloria Lee, Osprey Ct., 579-0949; Jan McComb, Sugar Sands, 575-4940; Kathy Blaine, Sugar Sands, 579-401

Magnolias Lounge & Brassie's Pub

Open Daily: 7 a.m. – 5 p.m.

Magnolias is in the Jones/Byrd Clubhouse; 287-1119

Brassie's Pub is in the Maples Clubhouse; 287-1385

Sea Trail Corp Contacts

Chief Operating Officer	Dana Connelly	287-1112
Ex. Admin. Assistant	Rebecca Edgar	287-2114
Administrator Master Association	Debra Bordeaux	910-579-5374
Home Owner/ Golf Accounts	Peggy Barnett	287-1106
President of Golf	Tom Plankers	287-1152
Golf Maintenance	Mark Benton	287-2140
Jones/Byrd Golf Shop		287-1122
Maples Golf Shop		287-1125

Sea Trailer Contacts

Editor	Amy Bucklin	603-769-1255
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amybucklin@comcast.net or theseatrailer@atmc.net

Deadline for newsletter submissions = 22nd of the month

Staff Writer	Anita August	575-0751
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anitahrd@aol.com

Membership	Debra Bordeaux	910-579-5374
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dbordeaux@seatrail.com

Deadline for address changes = 15th of the month



Granny's Closet

There are individuals at Sea Trail who are willing to lend out items such as cribs, high chairs, and medical items (for example, crutches or a walker). If you need to borrow an item, please call Eileen Chamberlain (coordinator) 579-3111, Chris Woods 579-0052, or Diane Kreuzburg 579-4333. If you have something you would like to add to or remove from Granny's Closet, please call Eileen.



Pinochle

We meet at the Pink Palace every Wednesday at 7 pm. We play double-deck and are a friendly, patient group. If you would like to just come and "observe" for an evening, you are certainly welcome to do so. Couples and singles are invited. Questions: please call Loraine Kish at 575-2440.



Golf » Lady Niners

Our new year has gotten off to a great start, partially due to the great weather and also to our great friendships we have shared on the golf course. Let's keep it up! Our first "18 on the Go" at Brick Landing was a wonderful success and we look forward to the February outing. It is planned for February 13 at Oyster Bay for a cost of \$34.00, including breakfast and drinks. Once we fill our 4 tee times we will start a waiting list. Sign up and other information is in the J/B Clubhouse.

Our January couples played a "I Have A Dream" Tournament on January 15 with the hosts being Pat Booth and Darlene DeCrane. The winners on the front of the Byrd were first place to JoAnn and Rich Abrams and Pat Booth and Paul Horgan, second place went to Babe and Ben Madura and Anita Clark and Kay Phipps. On the back of the Byrd the winners were first place Cathy and Charlie Meyersohn and Annie Roberts and Dan Davis, second place was Darlene and Gregg DeCrane and Pam and Jim Hardie and third place went to Marlene and Tom Glick and Kaye Evans and Peg Oleson.

Our February Couples will be on February 19 and will be hosted by Carol Myers (575 0230) and Julie Sullivan (575 7668). Sign up on line or at the J/B Clubhouse. Details will be posted on the bulletin board.

Pairings for February: Jane McGee (579 3549) and Inger Dickson (579 3246). Sign up on line or at the J/B Clubhouse by Monday Noon. If you don't have a computer put your phone number next to your name on the sign-up sheet. If for any reason you have to cancel, call the clubhouse and either Jane or Inger.

Slick Chicks is a great way to practice before league day. Our new coordinator is Carol Myers and she has had a busy January. Thank you Carol for volunteering to do this. Those wishing to play are to email Carol at ozone39@atmc.net or call Carol (575 0230) by Saturday Noon. We play every Tuesday and if changes need to be made after you have signed up contact the clubhouse and Carol.

-- Anita Clark/Publicity



Golf » Couples Golf

On January 8th we were pleasantly surprised by both the warm weather and number of couples participating. Expecting only 10 or so couples on what could have been a frigid day, we had a record number of 27 couples! The format was a modified net Stableford played on the Jones. The winners were:

- 1st Place (154): Madeline Dubas, Ron Dubas, Marge Layden, Tom Layden;
- 2nd Place (153): Sharon Markatos, John Markatos, Sharon Winter, Charlie Winter
- 3rd Place (142): Loretta DeVita, Lou DeVita, Mary Lou Dunbar, Ken Dunbar
- 4th Place (137): Kate Goodrich, John Goodrich, Karen Rastocky, John Rastocky
- 5th Place (136): Mary Couch, Dick Couch, Maureen Foley, Jim Foley
- 6th Place (135): Bobbie deLagarde, Dennis deLagarde, Ellen Lehrer, Dick Lehrer.

The Jeromes arranged a great meal of homemade soups and make your own sandwiches. It was a wonderful way to celebrate the end of their couple coordination. Perhaps they would like to become the couple caterers now?!

The Campbells, Cheryl, Mike, Sandy and Bob will have hosted mixed couples on the Byrd on the 29th. Hopefully warm weather will have continued to encourage folks to play.

Be sure to sign up for the Couples on February 12. The Bartons and Masons are hosting the Sweetheart Open on Maples with a (1-2-3) Waltz game. A special Valentine's Dinner will be at Magnolias (cost \$15 per person). It will be a fun way to celebrate the day of golf with your sweetheart.

There are still a few host opportunities left. Please let us know if you are interested or if you have any other questions about Couples Golf.

-- Denise and Scott (579 – 1641)



Garden Club News

The Garden Club met for the 231st time on January 10th. Our guest speaker was Mary Keefe from the "Yardbird" store. Mary gave an informative talk about our Sea Trail nature, particularly plants and birds. She helped us to understand the importance of keeping our birds fed during the winter months and we surely all went out to buy grape jelly for them to eat!

The Make-It-Bake-It in December was a huge success and we have over \$8,000 for our charitable donations.

Our guest speaker for February is a representative from the North Carolina Coastal Federation. This is an organization dedicated to the preservation and beautification of our beaches.

The date for our annual March Tea is Tuesday, March 20th at the Jones/Byrd. This is always a fun event; a chance to dress up, mingle with friends and greet the new Garden Club officers.

Think Spring!!

Thursday Ladies Bridge



Ladies Bridge meets every Thursday at 9:15 am in the Pink Palace. All levels of play are welcome. Martha Lafferty and Phyllis Manfred will be the bridge coordinators for February.

Couples Bridge

Couples Bridge will meet on Friday Feb. 10th at the Pink Palace at 7:30 pm. Bev and Mike Williams are hosts and anyone wishing to play can contact them at 579-8066.

Submitting Community News Items

Please send all community news items to Amy Bucklin – she will coordinate with Lynn Weidman to get the flyer or full description posted on the Sea Trail website.

If the event is a fundraiser, it must be non-profit, non-political, and submitted by a Sea Trail resident/group.

Sea Horse Book Club



In February, we will read *Room* by Emma Donoghue followed by *Street of 1,000 Blossoms* by Gail Tsukiyama for March.

If you enjoy reading and sharing your ideas, consider joining our lively group. We meet on the

first Tuesday of the month at the Pink Palace at 3:30 pm. You will not be disappointed. Contact Joyce Hellmann at jmhellmann@atmc.net or at 579-0273. Happy Reading!

Sea Trail Grandmas



Sea Trail Grandmas is a group of volunteers who knit and sew clothes for premature and newborn babies.

We meet on 1st and 3rd Mondays of each month at the Pink Palace from 9:00 am to 11:30 am. Everyone is welcome! For information, please contact Michele Lupien 579-8470 / Betty Ann Luff 575-0297 / Loretta Braham (chemo hats) 579-8057 or send an email to seatrailgrandmas@gmail.com.

Knitting Club



We meet at the Pink Palace the 1st and 4th Wednesdays of each month between 1.30 pm and 5.00 pm. Bring your project and your favorite drink and come to relax with us.

If you've never knit before but would like to learn, you are welcome to join us. We are a fun loving group that helps each other.

For info: Michele Lupien 579-8470 mimilupien@gmail.com or Betty Ann Luff 575-0297 luff1@atmc.net

Community News

The Wine Fest 2012: Fine Wines, Light Bites, Live & Silent Auctions

When: April 28th 6:30 – 9:30 pm | Where: The Museum of Coastal Carolinas | Tickets: \$50. Submitted by Lynn Weidman.

For more info, go to

http://www.mapost.org/pages_about/community_news.cfm

Dining at Sea Trail



It has been several months since I last wrote an article but I am back, at least for now. I hope everyone had a wonderful holiday season and that 2012 is off to a great start.

The Sunday brunch buffet will continue each week in February at Magnolias. The cost will remain at \$ 7.95, plus tax and gratuities. Some of the items on the buffet are as follows: scrambled eggs; grits; sausage links, Canadian bacon, or applewood smoked bacon; biscuits; sawmill gravy; Chef's choice of French toast, pancakes, or waffles; omelettes and farm fresh eggs to order; breads and pastries; assorted fruit; water, tea and coffee. The buffet is open starting at 9:00 AM.

The Thursday lunch buffet will also continue each week in February. The cost will stay at \$ 8.95 plus tax and gratuities and the hours of operation remains at 11:00 AM until 2:00 PM. Food items will vary slightly each week but will continue the theme of home-style cooking and a farm-to-table concept.

For those not familiar with the farm-to-table concept, Chef Robbie has embraced the movement that bolsters local farms and dairies. Buying these products locally helps to support the local economy, keeping money circulating in our area. It also provides a better food product, as the ingredients are fresher because they have not had to travel distances or be held in storehouses. In many instances, an ingredient was harvested that morning, sold and cooked/served the same day.

Brassies and Magnolias will continue to offer the \$ 7.50 pitcher of domestic draft beers each day. Brassies will also offer food and/or drink specials daily, so why not plan on stopping by the Maples Clubhouse to check them out.

Don't forget that "special someone" on Valentine's Day. Let's hope this wonderful warm weather continues. We have been blessed, at least so far, with a very mild winter here in our 'little piece of heaven on earth'.

-- Diane Kreuzburg

Sea Trail Social Committee Presents



A Country Western Jamboree

*"We're Duedein' It Up
We're Duedein' it Right
We're Duedein' it up on
Saturday Night*

*Boots 'U be Scootin' all
Night Long
First Towards the Chow
Line
Then Towards Dance
Floor"*

Saturday, April 21st

The Pink Palace

6:30 pm - until the cows
come home

Catered BBQ Dinner – BYOB

Cost will be in the
March Sea Trailer

Reserve Your Table - Maximum
8 persons/table

Drop Off Your Reservations
and Checks by April 14th to:

Janine Coakley – 134 Crooked
Gulley Cir. – 535-3304

JoAnn Abrams – 314 Crooked
Gulley Cir. – 535-4493



Non-Denominational Bible Studies

There was an Ecumenical "Celebration of the Word of God" hosted by Sunset Beach Community Church on Sunday January 22, 2012. It was held to set apart the week as "Week of Prayer for Christian Unity 2012".

The theme of the week was "We will all be changed by the Victory of Our Lord Jesus Christ" (paraphrased from 1Corinthians 15:51-58).

As Christians united, seeking and following Jesus Christ, we can change our world for the better. God's Word to us in the Bible (Book of Instructions Before Leaving Earth) instructs us as to how we are to live as Christians in this world. Basically, we must first get to know God on a personal level and then believe Him and believe in Him as our Lord and Savior.

We cannot know anyone personally without spending time with them. To truly get to know God as Our Father and as our Savior, we must pray to Him, asking for Him to reveal Himself through His Word to us. Then, as we read and study the Bible, we learn Who He is, what He has done, what He will continue to do for us, and what He requires of us.

There are Bible Study Groups meeting in Sea Trail on a regular basis. They meet on different days and evenings of the week. For more information about these groups and how you can join one of them, call Ann Otten @579-5239.

The Sea Trail Social Committee
Invites You to a



Night of Bowling Fun

Friday, February 10, 2012 @ 6 pm
@ Planet Fun in Shallotte

\$20 per person includes:
Two bowling games, shoes included

Buffet: hamburgers, pizza,
chicken wings, salad

Drinks: soda, iced tea, water
Buffet for one hour – lane-side

\$12 for non-bowling participants

Beer & wine can purchased, not included

Deadline: February 3, 2012

Please make check payable to
Sue Cole, S.T.S.C

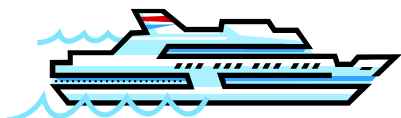
*Include shoe size & email address
on the check & drop off to:*

Marc Meyer, 435 Egret Drive (575-9642)

The Sea Trail Social Committee
Invites You to a

SUNSET DINNER CRUISE ON THE CAPE FEAR RIVER

Friday, May 18th, 6 to 9 pm



Departing from the Downtown Wilmington
Riverfront
(near George's Restaurant)

Historical Narrative by the Ship's Captain
Music provided for your dancing and listening
pleasure



MENU



Cheese & Fruit Platter; Crab Dip; Shrimp
Cocktail
Fried Chicken; Potato Salad
Apple Crisp

CASH BAR

Beer \$3.00; Wine \$5.00; Mixed Drinks \$6.00

Cost: \$40.00 per person

Cruise is limited to the first 40 people who pay
A waiting list will be created

Deadline: February 12th

Checks Payable to: Sue Cole, STSC
Drop your checks off to
Priscilla Donaldson
136 Crooked Gulley Circle

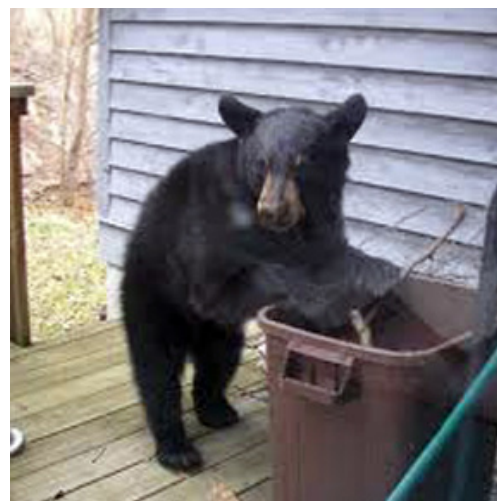
(Paid Parking is available in a lot across the street or
metered street parking)

Sea Tails: "Bears in the Back Yard?"

By Anita August

[**Disclaimer:** the bear photos in this article are *stock photos of NC black bears* since no one has had a camera with them when they've had bear encounters here in Sea Trail. The non-bear photographs were taken by Leon August.]

We recently became aware of "bear evidence" in our yard and in the empty lots around our home. We discovered this the hard way, when our Boston Terrier, Spanky, discovered a pile of something that for reasons only dogs can understand, he found irresistible. He rolled in it, in the greenbelt behind our house. I was in the yard raking, thinking that Spanky was simply enjoying the sights and smells of the great outdoors with me as I worked.



Article continued on Sea Trail website:
www.mapost.org/pages/about/sea_tails.cfm

(About Sea Trail > Seatrailer Newsletter > Sea Tails
Articles)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Feb	2	3	4
			10:00am - 2:00pm STLN 1:30pm - 5:00pm Knitting Club moved to Sunset Rm today only The Sunset Room 9:15am - 1:00pm Hand & Foot The Sunset Room 1:30pm - 5:00pm Knitting Club The Sunset Room 7:00pm - 9:30pm PINOCHLE	9:00am - 12:00pm Ladies Bridge 12:00pm - 4:00pm Golf Group Seahorse Room 10:00am - 12:00pm Mah Jongg - DeVita Seahorse Room 3:50pm - 5:30pm Health & Safety Comm. Seahorse Room 7:00pm - 10:00pm Poker - Scheck 1st & 3rd Thurs The Sunset Room 9:00am - 12:00pm Mah Jongg - Geisler The Sunset Room 12:30pm - 4:00pm Mah Jong - Kish	12:00am - 4:00pm Golf Group 9:00am - 12:00pm Hand & Foot Brown 6:00pm - 7:30pm TGIF The Sunset Room 9:15am - 1:00pm Hand & Foot The Sunset Room 2:00pm - 5:00pm Mahjong- Lynch/Piatek	12:00pm - 10:30pm Reserve - Private
5	6	7	8	9	10	11
5:30pm - 10:00pm Reserved- Private Party	9:00am - 11:30am S/T Grandma's 12:00pm - 3:30pm Bible Study 7:00pm - 10:00pm Mah Jongg Seahorse Room 7:00pm - 9:00pm Poker The Sunset Room 7:00pm - 10:00pm Bunco - Keppler	9:00am - 2:30pm 1st Tue Brdg 3:30pm - 5:00pm Book Club Seahorse Room 6:30pm - 9:30pm Poker Tuesdays The Sunset Room 8:45am - 10:30am STLGA BD. The Sunset Room 12:30pm - 4:00pm Mah Jong - Kish	The Sunset Room 9:15am - 1:00pm Hand & Foot The Sunset Room 7:00pm - 9:30pm PINOCHLE	9:00am - 12:00pm Ladies Bridge 12:00pm - 4:00pm Golf Group 6:00pm - 9:00pm Health & Safety Committee Seahorse Room 10:00am - 12:00pm Mah Jongg - DeVita Seahorse Room 3:00pm - 4:30pm STMA The Sunset Room 9:00am - 12:00pm Mah Jongg - Geisler The Sunset Room 12:30pm - 4:00pm Mah Jong - Kish The Sunset Room 7:00pm - 9:30pm Cards Bombolis/Kazan	11:30am - 4:00pm Golf group 7:00pm - 10:00pm Couples Bridge The Sunset Room 9:15am - 1:00pm Hand & Foot The Sunset Room 2:00pm - 5:00pm Mahjong- Lynch/Piatek	

12	13	14	15	16	17	18
	9:15am - 2:30pm Bridge 4:00pm - 6:00pm Songbirds 7:00pm - 10:00pm Mah Jongg 7:00pm - 10:00pm Couples Bridge Seahorse Room 7:00pm - 9:00pm Poker	9:00am - 12:00pm Garden Club Seahorse Room 6:30pm - 9:30pm Poker Tuesdays The Sunset Room 12:30pm - 4:00pm Mah Jong - Kish	The Sunset Room 9:15am - 1:00pm Hand & Foot The Sunset Room 7:00pm - 9:30pm PINOCHLE	9:00am - 12:00pm Ladies Bridge 12:00pm - 4:00pm Golf Group Seahorse Room 10:00am - 12:00pm Mah Jongg - DeVita Seahorse Room 7:00pm - 10:00pm Poker - Scheck 1st & 3rd Thurs The Sunset Room 9:00am - 12:00pm Mah Jongg - Geisler The Sunset Room 12:30pm - 4:00pm Mah Jong - Kish	12:00am - 4:00pm Golf Group 9:00am - 12:00pm Hand & Foot Brown 6:00pm - 7:30pm TGIF The Sunset Room 9:15am - 1:00pm Hand & Foot The Sunset Room 2:00pm - 5:00pm Mahjong- Lynch/Piatek	10:00am - 12:30pm HOA Ospey Watch
19	20	21	22	23	24	25
11:30am - 3:00pm Reserve - Private	9:00am - 11:30am S/T Grandma's 12:00pm - 3:30pm Bible Study 7:00pm - 10:00pm Mah Jongg Seahorse Room 7:00pm - 9:00pm Poker	9:00am - 2:30pm Bridge 6:30pm - 9:00pm Bible Study Seahorse Room 6:30pm - 9:30pm Poker Tuesdays The Sunset Room 12:30pm - 4:00pm Mah Jong - Kish	1:30pm - 5:00pm Knitting Club The Sunset Room 9:15am - 1:00pm Hand & Foot The Sunset Room 7:00pm - 9:30pm PINOCHLE	9:00am - 12:00pm Ladies Bridge 12:00pm - 4:00pm Golf Group Seahorse Room 10:00am - 12:00pm Mah Jongg - DeVita The Sunset Room 9:00am - 12:00pm Mah Jongg - Geisler The Sunset Room 12:30pm - 4:00pm Mah Jong - Kish The Sunset Room 7:00pm - 9:30pm Cards Bombolis/Kazan	11:30am - 4:00pm Golf group 4:30pm - 9:00pm Reserve The Sunset Room 9:15am - 1:00pm Hand & Foot The Sunset Room 2:00pm - 5:00pm Mahjong- Lynch/Piatek The Sunset Room 7:00pm - 11:00pm Bridge Group- Daniels	4:00pm - 10:00pm Garden Club - Pasta Night The Sunset Room 4:00pm - 10:00pm Pasta Night
26	27	28	29	March 1	2	3
4:00pm - 8:00pm Couples Golf	9:00am - 2:30pm Bridge - 4th Monday 4:00pm - 6:00pm Songbirds 7:00pm - 10:00pm Mah Jongg Seahorse Room 7:00pm - 9:00pm Poker	9:00am - 2:30pm Bridge Seahorse Room 6:30pm - 9:30pm Poker Tuesdays The Sunset Room 12:30pm - 4:00pm Mah Jong - Kish The Sunset Room 6:45pm - 10:00pm Poker - Last Tuesday	The Sunset Room 9:15am - 1:00pm Hand & Foot The Sunset Room 7:00pm - 9:30pm PINOCHLE	9:00am - 12:00pm Ladies Bridge 12:00pm - 4:00pm Golf Group Seahorse Room 10:00am - 12:00pm Mah Jongg - DeVita Seahorse Room 3:50pm - 5:30pm Health & Safety Comm. Seahorse Room 7:00pm - 10:00pm Poker - Scheck 1st & 3rd Thurs The Sunset Room 9:00am - 12:00pm Mah Jongg - Geisler The Sunset Room 12:30pm - 4:00pm Mah Jong - Kish	12:00am - 4:00pm Golf Group 9:00am - 12:00pm Hand & Foot Brown 6:00pm - 7:30pm TGIF The Sunset Room 9:15am - 1:00pm Hand & Foot The Sunset Room 2:00pm - 5:00pm Mahjong- Lynch/Piatek	8:30am - 5:30pm STLGA

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			12:00pm - 4:00pm Golf Group 7:00pm - 10:00pm Mah Jongg	3:30pm - 5:30pm Mah Jongg	12:00pm - 4:00pm Golf Group	12:00pm - 6:00pm Reserve - Private
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5:00pm - 9:00pm Reserve	9:00am - 2:30pm Bridge - B. Tennant	1:00pm - 5:00pm Mah Jongg/Bridge	12:00pm - 4:00pm Golf Group 7:00pm - 10:00pm Mah Jongg	3:30pm - 5:30pm Mah Jongg	12:00pm - 4:00pm Golf Group	
12	13	14	15	16	17	18
	10:00am - 11:30am Sunset Cyclists S.T. Event 12:00pm - 3:30pm Bible Study	9:00am - 1:00pm Bridge 1:00pm - 5:00pm Mah Jongg/Bridge 6:30pm - 8:30pm Scrabble-	12:00pm - 4:00pm Golf Group 7:00pm - 10:00pm Mah Jongg	3:30pm - 5:30pm Mah Jongg	12:00pm - 4:00pm Golf Group	
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			1 Feb	2	3	4
				8:00am - 9:00am Pilates	8:00am - 9:00am Low Impact Aerobics w/ Toning 10:00am - 11:00am Yoga 2:00pm - 3:00pm Exer Cls - Bombolis Cancel through Feb 27th	8:00am - 9:00am Cross Training
5	6	7	8	9	10	11
	8:00am - 9:00am Low Impact Aerobics w/ Toning 2:00pm - 3:00pm Exer Cls - Bombolis Cancel through Feb 27th 5:00pm - 6:00pm Men's Golf Fitness	8:00am - 9:00am Functional Strength Training 2:00pm - 4:00pm STMGA Bd Mtg- DeLagarde 5:00pm - 6:00pm Line Dancing		8:00am - 9:00am Pilates	8:00am - 9:00am Low Impact Aerobics w/ Toning 10:00am - 11:00am Yoga 2:00pm - 3:00pm Exer Cls - Bombolis Cancel through Feb 27th	8:00am - 9:00am Cross Training
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	8:00am - 9:00am Low Impact Aerobics w/ Toning 2:00pm - 3:00pm Exer Cls - Bombolis Cancel through Feb 27th 5:00pm - 6:00pm Men's Golf Fitness	8:00am - 9:00am Functional Strength Training 5:00pm - 6:00pm Line Dancing		8:00am - 9:00am Pilates	8:00am - 9:00am Low Impact Aerobics w/ Toning 10:00am - 11:00am Yoga 2:00pm - 3:00pm Exer Cls - Bombolis Cancel through Feb 27th	8:00am - 9:00am Cross Training
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	8:00am - 9:00am Low Impact Aerobics w/ Toning 2:00pm - 3:00pm Exer Cls - Bombolis Cancel through Feb 27th 5:00pm - 6:00pm Men's Golf Fitness	8:00am - 9:00am Functional Strength Training 5:00pm - 6:00pm Line Dancing		8:00am - 9:00am Pilates	8:00am - 9:00am Low Impact Aerobics w/ Toning 10:00am - 11:00am Yoga 2:00pm - 3:00pm Exer Class - Bombolis 3:15pm - 9:00pm <u>Receive - Private</u>	8:00am - 9:00am Cross Training