




SEA TRAIL
EAST ENTRANCE

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You might have seen notification on our web banner several weeks ago about the failure of a dam on the Calabash Creek. The dam, owned by Sunset Lakes Homeowners, is located off Sunset Lakes Boulevard and is locally known as the Medcalf Lake Dam. One of the functions of the dam is to control the water height in the Calabash Creek, a major source of water for Sea Trail Golf. I am sure you have noticed the decreased water level in the creek and in many of our ponds. While a temporary fix has been completed, the water supply has greatly diminished and it will take above average rainfall to replenish to a satisfactory level.

Since the Master Association uses pond water to irrigate our plantings at all entrances (except Oyster Pointe), the Pink Palace, the Maples Activity Center and the medians from the north entrance as well as the median on Crooked Gully, it was necessary to turn off all irrigation to conserve water for golf course use. Once water levels return to normal, pond water will once again become available for our plantings. You might have noticed that many of our flowers have died from lack of water and were removed as necessary.

John Donaldson, our Landscaping Chairperson, met with his committee members to investigate the options and cost estimates to address this problem. He presented a report to the Master Association Board outlining advantages and disadvantages of continuing with our existing system, installing wells, converting to county water or using a combination of county water and pond water when available. The board accepted the committee's recommendation of using county water when pond water is restricted and having the capability of shutting off the county water when pond water becomes available.

It is our hope that the required meters, backflow valves and gate valves will be installed in time for our winter plantings. Until such time, our entrances will not be as attractive as we have come to expect.

To John and his committee, thank you for all your efforts and a comprehensive report.

Mark your calendars for our annual meeting to be held on November 14 at 10am in the Jones Byrd Room of the Jones Clubhouse.

Committee chairs will report on all that has been accomplished this year. Enjoy the fall, and remember, even though we have new access cards, you still want to keep your gold card for charge privileges in the pro shops and the bar/restaurants.

— Bill Metkiff, President
Master Association Board of Directors

Communications Committee

The **Welcome Committee** reports that it seems the housing market is picking up judging from the number of new owners here in Sea Trail. At a recent luncheon four (4) new people were introduced. While we don't have all the information to include in this issue we will follow up with an official Sea Trail Welcome. A few weeks ago Diane Kreuzburg and Sue Cole met with the Morckels. Sandy and Ken reside at 222 Sea Trail Dr. W. They have owned property here since 2000 and moved in after selling their home in Ohio. Both of them plan on continuing to work; Ken as a communications consultant to first responders and Sandy as a non-profit fundraising consultant. They both like to play golf, travel and participate in activities that keep them physically fit. Sandy and Ken have two children and four grandchildren. They love it here! "It has everything we need!" Welcome to Sea Trail.

The **Landscape Committee** has been very active this spring and summer and we anticipate that this fall will present many concerns and some new directions for us. In addition to the normal daily maintenance performed by Phoenix Landscape Management, Inc., we were active in many areas. This spring we completely re-landscaped the Pink Palace pool area and added improvements to the front of the building and around the sign area. We renovated the roadside beds at the front parking lot of the MAC and added additional shrubs near the Chapel. We helped (well evaluations) the tennis committee in working through their assessment of the best approached for a new tennis surface. We directed major tree limb removal to open up the courts from the many surrounding trees. We also designed and supervised work to provide additional storm water management at the new courts. Also, in the near future, we will re-landscape the Chapel side of the new court. The committee further enhanced the new irrigation wells at the Oyster Pointe entrance and added some additional plants throughout the community. Another tree was planted in the Crooked Gulley median and we renovated and updated the old irrigation system at that location, which has not worked for eight years. In Planters Ridge area we will shortly be adding some additional landscaping to enhance one of the islands and add limited landscaping at the construction gate entrance. The Committee has also put together a landscape enhancement plan for 2010 which was recently approved by the Board. The flower designs at all of our entrances, again this year, were beautiful and we continue to receive many comments on the outstanding appearance.

The Committee reviewed the contract work performed by Phoenix Landscape Management, Inc. for 2009 and recommended to the Board that the contractor continue to service the Master Association landscaping for 2010 with only a small increase in maintenance and material costs. The new contract was approved.

As many of you know, the dam on the Calabash Creek, in the Sunset Lakes Community near Oyster Bay golf course, failed this summer. As a result of this failure, the water in the Calabash Creek was down over 10 feet, requiring the curtailment of all Sea Trail irrigation systems other than those used for the golf courses. For over a month now, we have not been able to water any landscaping at the Pink Palace, the MAC, and at all of our major entrances. In addition, the median from the North Entrance to the J/B Clubhouse is without irrigation. You may have noticed the drastic change in the look of some of our landscaping, especially the flowers. While the dam has been temporarily repaired, Mother Nature has not been kind to us and the Creek remains very low and the restrictions continue with no immediate signs that any changes are on the way.

As a result of this situation and the fear that we may experience similar problems in the future, the Master Association is working on augmenting our irrigation system with county water whenever Sea Trail water is again restricted. Well water usage was studied, but rejected. Working with Phoenix Landscaping Management Inc., the Landscape Committee developed a plan that would require the installation of county water meters, which would be attached, through a gate valves system, to our present irrigation system. This system would allow us to switch immediately from the golf water supply to county water whenever a Sea Trail water crisis occurs. At the end of the crises, we would switch back to golf water. Using this combination system, the Association would only have to pay for county water during emergency situations and it would

also provide an immediate backup water supply necessary to maintain our landscaping during those low water times in Sea Trail. We have started working on this combination system and hope to have some systems in operation within a couple of weeks and a fully operational system (eight meters) in place for our fall and winter plantings. In the mean time we are all hoping for some substantial rain to begin to fill up the Calabash Creek so our restrictions can be lifted.

Finally, I cannot say enough about our committee members; Tom Plankers (Board Representative), Sue Beebe, John Goodrich, Katie Bodner, Pat DeMattia, Chuck Helmboldt, and John Johnsen who continually provide excellent guidance and direction and help to keep us focused on our priorities. Special thanks goes out to Phoenix Landscape Management, Inc. for their attention to details on all of our landscape needs this year and for their recent work on assessing our irrigation systems to determine which alternative source of water would best serve our needs. We thank all who are a part of the Master Association landscaping for their service and dedication to our landscaping needs at Sea Trail.

John Donaldson, Chair, Landscape Committee
Ralph Kennedy, Chair (rdkstma@aol.com)
Communications Committee

Card Access Committee

During September, the Access Committee completed all tasks necessary for the conversion to commence the end of the month. During a two week period over 1,250 cards were issued to Sea Trail Property owners. This still leaves about 1,250 cards to be issued. For those property owners that will have friends or family visiting, prior to you obtaining your cards, the committee has developed a process to secure temporary cards for your guests. Please contact one of the committee members at 910-575-8284, to secure the necessary paperwork. If you need to acquire your access cards, please contact Debra at 910-287-1192 to arrange for card pickup.

As you read this update the conversion to the new Card Access system will be well underway. Please carry the gold card and the white smart card, along with your new access card during the week of September 28, 2009. We will start the conversion September 28, 2009, with the MAC, chapel, library,

swimming pool and tennis courts. During this time, we will also add additional surveillance cameras and update our video recording capability. We anticipate this portion of the conversion to be completed by September 30, 2009. Phase two of the conversion will be the Pink Palace. We will be adding new card readers at the exercise facility and sauna/hot tub doors. The outside door card reader to the exercise room, restrooms and sauna/hot tub will be eliminated. This will allow for more convenient access to the restrooms. A new reader stand has also been added by the entry to the Pink Palace pool. This will be located to the left of the access door. Surveillance cameras and enhanced video recording systems will also be added throughout the facility. The conversion at the Pink Palace will commence on September 30, 2009 and be completed no later than October 5, 2009. As access doors are moved to the new access system, we will mark them with an "activated" sign. When you see this sign, please use your new access card for entry. During the week of conversion, committee members will be on site to assist with any questions or problems.

As a reminder, you must contact Jennie Gregory to reserve a meeting room at the MAC or Pink Palace. After the conversion, retain your gold card. You will need this card for identification and purchases in the restaurants and golf pro shops.

Next month we will provide a conversion review. Please send us your comments, both constructive and positive, to one of the members listed below. If you have any questions regarding the pending conversion, please contact any of the committee members: Ron Cybyske, Walter Marsh, Tom Pickel, and Neil Weiss.

Sea Trail Corporation and The Resort at Sea Trail Phone Numbers

Dana Connelly, President	1112
Rebecca Edgar- Ex. Admin. Assistant	2114
Debra Bordeaux-Acct/Master Association	1192
Anita Langin - Staff Accountant/Mbr Golf	1188
Tom Plankers-President of Golf	1152
Matt Owens- Director of Golf. Maint.	2140
Jones/Byrd Golf Shop	1122
Maples Golf Shop	1125
Magnolias Lounge	1119
Brassies Pub - 210 Clubhouse Road	1385
Shawn George - Real Estate Manager	1510
Ravina Roberts - Dir. Of Resort Opr, TR@ST	1173
VAC Manager	1165
Norma Peters-Admin Assist - Resort Maint & IT	1508

Property Owners Changes and Additions

Changes

Mike Thole

miket@atmc.net

Charles and Donna Ward

Cward0318@gmail.com

Lynette Batton

lbattton@metlife.com

Robert and Susan Copley

racopleysr@mac.com

Susan and Donald Boschker

suesumbos@yahoo.com

John Rousseaux

jrousseaux@atmc.net

Francis and Gertrude Brosnan

L111POOL@aol.com

John Feeley

jfeeley331@comcast.net

Fred Hopke

fredhopke@comcast.net

Pam Fisher

pamsfisher@atmc.net

Keith Denison

chopperkd@suddenlink.net

Dan Denise

Dan.denise@att.net

Jan Wright

jan@atmc.net

Mary Bonneau

bonneaum@charter.net

Richard and Donna Bowie

133 Forest Walk

Mailing Address (new):

P.O. Box 7234

Ocean Isle, NC 28469

Richard and Harriet Ikeda

611 Kings Trail Dr #17

Mailing Address (New):

MR-710 Willow Valley Lakes Dr

Willow Street, PA. 17584-9400

Phone number 707-464-2650

John and Karen Zalar

140 Avian Dr #3417

Mailing Address:

P.O. Box 7897

Ocean Isle Beach, NC 28469

412-735-0502

jkzalar@gmail.com

Ann Roberts

526 Fairway Dr W

910-575-0224

Aroberts55@aol.com

Gary Krupp

213 Clubhouse Rd Unit 102

Mailing Address (New):

3064 Irwin Dr. SE

Southport, NC 28461

910-253-0422

610-331-7629 (cell)

Gkrupp1@gmail.com

Lee and Rosalee Rockafellow

242 Clubhouse Rd 4-D

Mailing Address (new):

P.O. Box 7214

Princeton, NJ 08543

609-575-1769

Greg and Cynthia Taylor

170-6 Clubhouse Rd

Mailing address (new):

7410 Solitude Court

Mint Hill, NC 28227

704-545-8757

704-400-4170 (cell)

Sarah Vanhoy

133 Avian Dr Unit 3418

Mailing Address (new):

P.O. Box 505

Waco, NC 28169

704-472-3894 (cell)

Kenneth and Marie Tomlinson

205 Royal Poste Unit 2808

Mailing Address (new):

57 Leeward Court

Port Jefferson, NY 11777

631-404-2494

Danna Collins (first name change)

Lot 4 Oyster Bay Drive

Donald and Susanna Partrick

(correction on last name)

217 Kings Trail Dr Unit 1201

Millie(add) and Dick English

182-4 Clubhouse Rd

Mailing address:

117 Oakmont Dr.

Kernersville, NC 27284

336-993-2775

englishmd@aol.com

New Owners

Robert and May Paul

141 Avian Dr. Unit 3801

Mailing Address:

1640 Cavan Drive

Dresher, Pa. 19025

Lawrence and Carol Bates

(New Bates family)

708 Oyster Bay Dr

Mailing Address:

4209 Queen Mary Drive

Olney, MD 20832

301-938-2824

George and Vickie Ernsberger

616 Jasmine Ln.

Mailing Address:

219 Crystal Circle

Mooresville, NC 28117

704-351-3786 (cell)

Clubs and Activities

Bridge

Couples Bridge

The couples bridge winners for Sept. were: Charlotte and Ed Darrow and Judy and Don Pusey

Couples bridge will meet on Friday October 9th at the Pink Palace at 7:30. Carol and Marv Peters will host and anyone wishing to play can contact them at 579-1059.

Thursday Ladies Bridge

Winners for August 27: Judy Pusey, Alice Stovin, Joanna Browley. Alice and Joanna bid & made a small slam.

Winners for September 3: Donna Vincent, Dian Robbins, Gini Dallin.

Winners for September 8: Dian Robbins, Bev Giles, Alice Stovin.

Winners for September 17: Joanna Brawley, Nancy Nappy, tie: Bev Giles and Judie Perna.

Hostesses for October are Betsy Slover and Diane Hahn.

Pinochle

We meet at the Pink Palace every Wednesday at 7:00 p.m. We play double-deck and we are a friendly, patient group. If you would like to just come and "observe" for an evening, you are certainly welcome to do so. Couples and singles are invited. Any questions, please call Loraine and Frank Kish at 575-2440.

Granny's Closet

Granny's Closet is a list of items that are held by individuals who are willing to lend them to us when we have a need for them, cribs, high chairs, and medical items, crutches or a walker. Please call the following if you need anything from Granny's Closet....Eileen Chamberlain, 579-3111, Priscilla Donaldson 575-2270, or Anita Clark 575-1049. Eileen Chamberlain is coordinator of these items and if you have something you would like to include or delete from Granny's Closet, please call her.

Food Committee

Magnolias will be featuring an Oktoberfest Theme night on Friday, October 9 from 6:00 pm until 9:00 pm. Some of the featured dishes will be a full salad bar, German potato salad, sauerbraten, beef goulash, Jaeger schnitzel (pork) bratwurst/knackwurst with sauerkraut, red cabbage, potato dumplings, spaetzle (noodles), jumbo pretzels with beer mustard, pumpernickel bread, and an assortment of desserts.

The cost for this fantastic spread of food will be \$ 15.95 per person, plus tax/gratuity. Reservations are highly recommended and can be made by calling 287-1186. The feedback from those who attended the Pasta Theme night last month was very complimentary. Based on those I heard from personally, the food was delicious and by making advance reservations, Magnolias can have enough wait staff on hand.

The Sunday breakfast buffet will continue throughout October. If you haven't tried it as yet, why not plan on enjoying a leisurely breakfast one Sunday in October.

A fun time was had by all who participated in Plantation Weekend. The weather was beautiful for those that played golf. Pat Lupi was the winner of the golf club set. Congratulations Pat.

Have a Very Happy Halloween and look out for the goblins and witches.
— *Diane Kreuzburg*

Fr. Herb Masses

Fr. Herb will be here at Sea Trail to say Mass on Sunday, October 4 and Sunday October 11 at 9:00 am at the Pink Palace. All are welcome.

Water Aerobics

Water aerobics is offered at the Village Activity Center (VAC) on Monday, 9:00am, Tuesday, 8:00am and Thursday, 8:00am. The cost is \$8 for walk-ins or you can purchase a 10-class card for \$60. The instructor is Kim Sanson. For additional information, please contact the VAC at 287-1160 or Gretchen West at 579-0246.

Clubs and Activities (cont.)

Sea Horse Book Club

Our next meeting being held on October 6th at 3:30 in the PP is another Chris Bohajalian novel, *Skeletons at the Feast*. It's a powerful novel that takes place in Europe during the end of WWII. In November, we will be sharing our thoughts on *The Story of Edgar Sawtelle* by David Wroblewski.

If you enjoy reading and sharing your ideas, consider joining our lively group. You will not be disappointed. Contact Joyce Hellmann at jmhellmann@atmc.net or 579-0273. Happy Reading !

Sea Trail Prayer Support Circle

Can you believe it is October already? Such a beautiful golden month, and the weather is very nice after a hot summer. The Chapel-on-the-Green looks so pretty with the memorial garden full of flowers. We all owe John Donaldson our grateful thanks for watching over the flowers and shrubs and keeping them watered during the irrigation work around the chapel. He is such a blessing for us!

We are so pleased to be able to announce that beginning on Monday, October 5th, the chapel will be changed over to an automatic lock system, and the new hours will be 8:00 AM to 8:00 PM daily, opening and closing on that schedule. The members of the prayer circle will still each still have a week scheduled, and they will be checking to make sure all is well with the little chapel. Plan to stop by the chapel. You will find such a sense of peace there.

*God's Peace,
Sea Trail Prayer Support Circle*

If you would like to have prayers for yourself or a loved one, just call one of the members listed below. As always, confidentiality assured.

Marge Gallop,	Oyster Bay	579-7676
Myrt & Ron Klein,	Oyster Pointe	579-1354
Gloria Lee	Osprey Ct.	579-0949
Carol Marchell	Rice Mill	579-9561
JoAnn Jenkins	Sugar Sands	579-5973
Rosemary Walker	SS	579-9709

Christmas Dinner Dance

The holidays are fast approaching. Time goes by much too quickly at this point in our lives. For those that are new to Sea Trail or those that have not attended before, just a little info on the format for the evening of Friday, December 4 for the annual STMA Christmas dinner dance.

There will be a cash bar the entire evening. The first hour is cocktails and hors d' oeuvres in the lobby area followed by a buffet dinner in the main ballroom. There is usually a choice of three main entrees: rib roast, a chicken dish and a fish dish. There are two or three sides and a served salad and dessert.

Harlequin will provide the music for the evening and they play a variety of music from the 50's, beach music, electric slide, and even some line dance songs. They will also try to accommodate requests when they can.

The November Sea Trailer will contain all the pertinent info for the evening. The full menu, as well as the cost this year will be published. We have not, as yet, met to take care of these details. Tables of eight will be the set up again this year so you can start making your plans with friends and neighbors.

We look forward to seeing everyone at this fun filled evening.

*John and Julie Sullivan
Day and Diane Kreuzburg*

Clubs and Activities (cont.)

Garden Club

Our next meeting will be held on October 13th at the Carolina Conference Center. This is our annual Fashion Show and Auction.

President Kate Goodrich called the 204th meeting to order at 10:02am. After the Pledge of Allegiance, Kate welcomed new members and guests.

The program was a Pampered Chef Party presented by Helen Lattimer. This was held after the close of the meeting.

Since the rental cost for the conference center and the cost for the brunch has risen, a motion was made that a \$5 charge will be placed on the Make It Bake It held in December. The motion was carried.

The Fashion Show and Auction will be held on October 13th at the Carolina Conference Center. Doors will open at 9:30. Cost is \$20 and is due by October 1st. Anita Clark is accepting the checks. Tables of 8 can be reserved. Donations for the auction should be delivered to Jo Ann Abrams or Jeannine Coakley.

A new cookbook committee has been formed. The members are Flo Hill, Joan Scheidle, Pat Gooding and Kate Goodrich. The cookbook will feature light recipes.

On December 5th, Ocean Isle Beach is sponsoring a House Tour. The cost is \$45 for the tour and reception. Sea Trail Garden Club is manning one of the homes. Volunteers are needed.

50/50 was won by Nancy Dupuis.

The meeting was adjourned at 10:25am.

Joyce M. Hellmann, Secretary

Songbirds

Believe it or not, Christmas is just around the corner. If you enjoy singing Christmas carols, please plan to sing with the Sea Trail Songbirds this year. It is our 10th year and we will be performing at Christmas TGIF on December 11 as well as a few other events. All parts are welcome but we really need *sopranos*. Call Nadine Cybyske at 579-7889 or email at nadinecyb@msn.com if interested. Thanks.

TGIF

Now that the hectic summer schedule is over, the Pink Palace is the place to be on the 1st and 3rd Fridays of each month. It is a time for Sea Trailers, old and new, to gather together from 6:00 to 7:30 pm to share a drink, an appetizer and good conversation. Prerequisites for attending are simple: bring your own beverage, an appetizer to share and a desire to meet new people and reinforce existing friendships.

A special thank you to the following Sea Trailers for volunteering to host the upcoming TGIF gatherings:

October 2	Bob and Carol Aspy with Ron and Myrt Klein
October 16	John and Julie Sullivan with Nick and Diane Carcich
November 6	Doug and Mary Bergere with Frank and Elyse McLearn

For those of you who plan to continue visiting on the Pool Deck following TGIF, please remember that no glass of any kind is allowed in the pool area. Your cooperation is both anticipated and appreciated.

We look forward to meeting you and your guests at an upcoming gathering. As always, friends and family are welcome to attend. *Ron and Madeline Dubas*

Christmas TGIF

Please note the change in date. Due to a conflict with the STMA Annual Christmas Dinner Dance, the TGIF Christmas Party will be held on Friday, December 11, instead of December 4. Please mark your calendars and plan to attend this merriest of Christmas parties.

Reserving the PP and MAC

It's time again for all groups or organizations to e-mail (jigregnc@atmc.net) or mail me a letter (516 Woods Ct., SW) with your requests for place (PP or MAC), day and time for the 2010 year. Please have all request in by November 1st.

Clubs and Activities (cont.)

November Dining Around

The Parson's Table, Route 17N, Little River will be hosting our November Sea Trail Dine Around on Monday, November 2nd. Rich and JoAnn Abrams and Ray and Janine Coakley will be your hosts for the evening. Cocktail hour will be from 5:30-6:30 p.m. Beer, wine and call brands will be \$2.00 off through the entire evening.

Dinner will be served at 6:30 p.m. and will include cheese and crackers, the Parson's Table famous house salad, fresh baked rolls, and homemade cornbread.

The price is \$30 per person. Please make checks payable to JoAnn Abrams with your choice of entrees and desserts written on the check. You can drop your check off at the Abrams, at 314 Crooked Gulley Circle, or at the Coakleys, at 134 Crooked Gulley Circle by Wednesday, October 28th.

Entrees:

- Pecan Chicken with Shiitake Mushrooms and Rice Pilaf
- Crab-stuffed Flounder with Orange Dill Hollandaise and Rice Pilaf
- Sesame Seared Salmon with Pickled Ginger and Rice Pilaf
- Six-ounce Filet Mignon with Port Demi-glaze and Garlic Mashed Potato
- Ten-ounce Prime Rib of Beef, Au Jus, and Garlic Mashed Potato

Desserts, coffee/tea including Key Lime Pie, Chocolate Mousse au Kahlua, and Crème Brulee. Looking forward to seeing you at The Parson's Table on November 2nd.

Non-Denominational Bible Studies (NBS)

As two of our granddaughters are each planning to be married within this next year, in praying for them the word hope comes to my mind, my hopes for them and their hopes for themselves. We go through life with so many hopes for so many things.

My Dictionary of the Bible states that "genuine" hope is not wishful thinking, but a firm assurance about things that are unseen and still in the future.

My genuine hope for my salvation, my eternal life is in Jesus Christ.

The Bible tells us in Paul's letter to the Romans, "Such things were written in the Scriptures long ago to teach us. They give us hope and encouragement as we wait patiently for God's promises". Romans 15:4 NLT.

As we study and then share about God's Word in our weekly Bible Study groups we are continually renewed in this hope and encouragement.

All the Bible Study groups are back together after a summer's break. There are 6 groups that meet on different days and at different times of the day or evening. They each are doing different studies, one decided on by the individual group itself.

To learn more about these groups in Seatrail or to join a group or to start a new group in your neighborhood, call Ann Otten @ 579-5239.

Thank You

Please accept our heartfelt thanks to all who joined our family at St. James Episcopal Church for Herb's memorial service. Additionally, thank you for the beautiful flowers and your presence and prayers during this most difficult time.

Pat Gardner and Family

Susan and I want to thank each and every sea trailer who has send cards, prepared meals and provided offers to drive, clean, keep company and pray for her. She has thrived on all this support and displays of affection and love. Her positive attitude is stronger from the prayers, hugs and humor given to her. God Bless all ya'll, with your support we see positive times ahead.

Ed Seidel

Tina and I would like to take this opportunity to thank all of our friends and neighbors for their help and support during my recent recuperation from hip replacement surgery. The meals dropped off, the cards, phone calls and personal visits made the recovery time more bearable. The people of Seatrail are known for their willingness to pitch in and help whenever possible. They definitely were a big help to Tina and me and we certainly appreciate it. Thanks again.

Jim Tarpey

Town information



Sea Trail Property Owners Information Exchange Meeting

When: October 8th, 2009 at 7 pm
Where: The Pink Palace

Our featured speaker will be Mr. Gary Parker, Sunset Beach Town Administrator. Gary will provide the latest information about the various projects and activities going on around in your town. Gary will also respond to questions from you the audience.

Following the formal presentation the floor will be open to allow you the property owners a chance to communicate information or questions on any topic of mutual interest.

Meeting arranged and coordinated by Frank Wiedman and Lou De Vita.

Sunset Beach Litter Sweep

When: October 3, 2009 9:00 A.M.
Where: Gazebo Parking Lot

Refreshments and clean-up supplies will be provided. Please call Chief Massey if you have any questions. 579-2151. Hope to see you there!

Katie Bodner, Sea Trail POC



Recycle News

Effective October 2009 throwing plastic bottles in the trash will be illegal in the state of North Carolina. All Polyethylene terephthalate (PET) #1 and high density polyethylene (HDPE) #2 plastics must be taken out of the residential waste stream.

This means starting October 1st all homeowners will have to remove the above mentioned plastics from the trash and carry them to the County convenience centers.

Since it will be impossible for some to go to the convenience center perhaps neighbors could help those who are unable to do so or work out a neighborhood recycling plan.

Sunset Beach Recycling Program to Begin in Spring 2010

In April Sunset Beach will start a curbside recycling program using a second rolling cart (same size as trash cart) provided to every residence and collected on a two week cycle similar to the leaf and limb pick-up. All recyclable materials (a list of materials to be placed in cart will be printed on outside of cart), except paper, will be co-mingled in the same cart. I will keep you updated on this procedure as the program develops.

Katie Bodner, Sea Trail POC

Sea Trailer Staff

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Kate Goodrich — 575-5389 kgood@atmc.net
Denis Doyle — 579-4336 ddoyle@atmc.net

Membership & Address Changes (due 15th of the month):
Debra Bordeaux — 287-1192 dbordeaux@seatrail.com.

Please send all submission to theseatrailer@atmc.net or lehre@atmc.net.

Submission format: no bold, italicize, underline, centering, exclamation points or all caps (even in titles). Arial font, 12 point, black; all text and titles flush left.

Deadline for all submissions: 22nd of the month

Golf

Bagdrop

On September 10, a familiar twosome won our two person "Member-Member" tournament. This twosome were none other than Joan Mason and Linda Perna. The remarkable thing about this is they won this tournament for the third consecutive year. Congratulations on great teamwork, and yes, some of us are a little envious.

Our Club Championship tournament begins on September 30. This is a three day tournament. In addition to September 30, it will also be played on October 5, and October 7. For STLGA members not playing in the tournament, there will be regular league play on September 30 and October 7.

As is normal with warm weather we have a number of alligator sightings near the golf course. Sometimes these 'gators decide to join us on the course. Such was the case on September 11. A group of ladies were playing on the Maples, and one person's ball skipped across the water on hole number 8. When it landed on the other side, a hungry alligator spotted it and immediately assumed that it was lunch. This left our lady golfer in a quandary. Being STLGA members the rules were debated. Should you request the alligator return the ball? Do you take a drop next to the alligator? Do you decide that it is an unplayable lie and take the penalty? Since this was not a league day, her fellow golfers took mercy on the troubled individual and decided she deserved a free drop. How about that, Mrs. Blaine?

We are back to playing in the afternoon. Pairing coordinators for October will be Mary Couch at 575-4109 and Kate Goodrich at 575-5389.

— *Kathy Ivey, Publicity*

Lady Niners

Pairings for October: Joan Stockton 575-6729 and Cherle Rothermele 579-6729. Sign up on line or at the J/B Clubhouse by Monday noon. Those without a computer place phone number next to your name on the sign-up sheet. If for any reason you have to cancel call the Clubhouse and Joan or Cherle.

Pairings for Couples: Pam Hardie 575-4542 and Katie Bodner 575-4581. If you don't have a partner, find one, either male or female, come out and have some fun.

Slick Chicks: Coordinator JoAnn Abrams 575-4493. Play every Tuesday, sign up by noon Saturday at the J/B Clubhouse.

Winners of the Fall Member/ Member; 1 Anita Clark and Babe Madura, 2 Diane Carcich and Susan Hartsburg, 3 Julie Sullivan and Nancy Harris. Winners of Couples on September 20th on the Byrd were: front, 1 Kaye and Don Evans, Babe and Ben Madura. 2 Carol and Bob Gartner, Charlene and Allen Doolittle. On the back, 1 Karen and Frank Baker, Cherle and John Rothermele, 2 Priscilla and John Donaldson, Becky and Richard Wilson.

— *Diane Carcich/Publicity*



Spotlight On...

By Kate Goodrich

“The Trick or Treaters at Sea Trail”

Hearing happy children’s cries of “Trick or Treat” just wasn’t happening in Sea Trail, so Linda Blanchette decided to do something about it. She dressed in costume and set out trick or treating in her neighborhood. Several of her friends joined her and they had a great time. That was back in 2004, and they’ve been doing it ever since. In addition to Linda, the group is made up of Jean Kelleher, Jaye Hardman, and Barbara Narath. They collect treats which they donate to area retirement homes and senior centers.

“Each year we collect more and more candy, cookies, crackers and other treats,” Linda said. “We donated over 100 pounds of treats last year. Our neighbors know we’re coming and they are ready and eager to donate.” The group began circulating a flyer two years ago announcing to their neighbors that they will be baaack! The flyer will be circulated a couple of weeks before Halloween. On Halloween night, the ladies will be out by 5:30 pm and they try to get done around 8 pm. “We ask everyone to leave a light on for us,” Jaye said, “and we ask them to be patient because we aren’t THAT young any more. We get a little tired dragging around that pillow case full of treats!” Last year they pushed a shopping cart around and even then they had to call their husbands to bring the car out so they could unload the treats and continue trick or treating.

The donations are brought to Autumn Care in Shallotte, Summit Place in Little River and to the Senior Centers in Shallotte, Ash and Little River. The homes and centers use the treats for prizes for Bingo and other games, for incentives for physical therapy patients and for snacks for the residents. Because these homes and centers don’t have a budget for these types of treats, the directors and nurses are very grateful to these trick or treaters. “We receive wonderful thank you notes from all the places that receive our treats,” Linda related.

All the women in the group are amazed by the generosity of their neighbors. “We thought that we would get a candy bar or two that first year but most people gave us the whole bag or even two,” Jaye said. “Now they go to Sam’s or Costco and bring back boxes of goodies for our cause,” Linda added. All the treats are delivered on the 1st of November unless it’s a weekend.

Halloween isn’t that far away and the foursome is already beginning to think about their costumes for this year. “We never buy costumes. We just use whatever it is we have around the house,” Linda explained. In the past we’ve been bag ladies, football players, witches, brides, cowgirls, whatever. The sky’s the limit – it’s just plain fun. I guess we’re all still kids at heart!”

If anyone would like to donate some treats to this great cause, you may drop off your treats before the 31st at the home of Jean and Tom Kelleher, 537 Planter’s Ridge Drive, Jaye and Will Hardman, 807 Bermuda Walk or Barbara and Bill Narath, 803 Bermuda Walk. Please be sure to put your address on the items so they will not come to your home that night. The foursome also recommends that you might like to do some trick or treating in your own neighborhood. It might be the most fun you’ll have had in a long time!



Trick or Treaters Jaye Hardmann, Linda Blanchette, Barbara Narath, Jean Kelleher (l-r)



“Tai: A Miracle Dog”

Dick and Ellen Lehrer spent a long time searching for the “perfect” Lhasa Apso dog to adopt. Their beloved Midori had lived a charmed and oft-indulged life of over thirteen years, and she had always been so perfect that they’d nicknamed her “The Princess.” She was certainly going to be a tough act to follow. Dick and Ellen wanted another Lhasa, and they also wanted to help a dog in need, so they were applying with the various rescue leagues and searching related websites. Finally, on petfinders.com, Dick discovered the picture of a Lhasa with which he simply fell in love. You’ve seen dog calendars, and how each month features a beautiful photograph of a perfect example of the breed. The photo that Dick saw could have been the cover photo for the Lhasa Apso breed.

Dick contacted the shelter in Spartanburg, SC it, and he and Ellen completed and returned their application. After a few follow up phone calls, the Lehrers were “approved” as adoptive parents. With great anticipation, Dick drove to Spartanburg. He found the “shelter” in a small ranch-style home, run by a well-meaning but overwhelmed couple and filled with over forty Lhasa Apsos and Shih Tzies. Dick was overwhelmed with all the dogs, the barking, the running, and the smells. As he waded into the living room that was overrun with dogs, a group of Lhasas was just being let in from the back yard where they’d had their afternoon exercise. The shelter person pointed to one of the dogs and said, “There’s Sampson . . . that’s the one you picked!” As Dick found a crowded chair to carefully sit in, the designated pooch jumped into his lap, fending off any rivals that dared to try to get Dick’s attention. Dick compared it to an orphanage, when the children know that they have a chance to get a “real home” and are all vying for the opportunity.

Dick couldn’t tell one dog from the next. Alas, poor “Sampson,” as he was called, did not look anything like the picture on the website. His fur was matted, he smelled, one eye drooped, and there were areas where he had scratched his fur down to the skin. Hesitantly, Dick accepted the dog. “I simply could not have left him there, in that situation, regardless of how much he did not look like the picture,” explained Dick. He found a towel to wrap Sampson in, and accepted the dog’s paperwork. Dick was surprised to note the dog’s birth date in his file: he was only 11 months old.

Once on the road, Dick got past the “what have I done?” thoughts that were circling through his mind. He called Ellen and explained that he could not bring the dog home. He asked her to call their vet, Dr Kathy at the Waterway Veterinarian Hospital in Little River, and get an immediate appointment. He drove straight to the vet’s, and presented Sampson. Dr Kathy said she’d never seen anything like it. In addition to the droopy eye, there were sores and bare patches in the dog’s coat, and he also had scabies, mites, fleas, and ticks. Sampson would have to stay overnight so her staff and she could shave the matted coat and dip the dog to kill the several types of parasites. When Ellen went to pick up the unruly, now-shaved pooch the next day, she was told that even with good care and medication, there was the possibility that some of the bare, chewed spots in his skin would never grow hair again. The dog weighed 14 pounds, six ounces.

Once Ellen met their new family member, she realized that the name “Sampson” simply did not fit. She picked “Tai Chi” for the dog’s new name, and they quickly shortened that to “Tai.” Ellen and Dick’s work was just beginning. There was medicine to be administered and special food to help Tai gain weight and regain his health. He had lived a very undisciplined life and was not familiar with the routines of a “normal” household. He chewed many things, ate everything that he could get in his mouth, and would shoot out any door or window that was open. He still had plenty of puppy energy, and once outside, was not easy to catch. Once, he ran in to the open door of a neighbor’s house, grabbed one of the resident cats’ toys, and ran outside with it. Another time, he ran in to Frank Martorelli’s house and chased his cat out of its own home.

Continued from page 14

Tai also nipped and bit frequently. He seemed to recognize Dick as the “alpha-pack leader,” yet refused to acknowledge that Ellen too was “alpha.” He would bite her toes and fingers, and when she would be ready to leave for work, he’d bite at her shoes to try to keep her from going.

Dick and Ellen knew that they needed help, and fast! A quick call to the Canine Academy in Bolivia, and soon Tai was enrolled in a class run by owner/trainer Lorretta Pyeatt, who quickly dubbed the pooch her “Problem Child.” She welcomed him in to her class, and soon Tai was learning the consequences of good and not-so-good doggy behavior (cue the vinegar spray!).

Three months after Tai’s initial vet appointment, Dick and Ellen took him back for a follow-up. Tai’s drooping eye had started to improve, most of the bald spots had started new hair growth, and, he had gained nearly five pounds. Dr. Kathy didn’t recognize him, and she dubbed Tai as her “best work and miracle dog.”

Now, eleven months later, Tai is 22 months old, weighs almost 20 pounds, sports a full, clean, beautiful coat of brown and white, and is clearly King of the Lehrer household. He still goes to the Canine Academy once a week to work off his energy. He still does not like to be told “no,” and he will still run out of the house if given a momentary opportunity. Yet he’s discovered what it’s like to be a cherished member of the family and to be the only dog. He loves to ride in the car and travels well. He loves treats and sees no reason to do more than “sit” to get them. Tai still loves to chew wood, so he must have thought he had really hit the jackpot when, in a “senior moment,” Dick ordered wood chips for the yard.

With a fenced-in back yard fenced, Tai can run to his heart’s content, and work off much of his puppy energy. Ellen says that consistent discipline seasoned with lots of love is the secret to turning around a dog like Tai. There is consistency, variety, lots of playtime, walks, and home routines that always include Tai. About two months ago, all the lessons and consistency and effort seemed to pull together into a coherent understanding for Tai. “I get it . . . I know my place in the family,” he seemed to realize. Since then, he’s been an even more delightful addition to the family. He amazes his “parents” with how clever he is (he figured out how to jump the fence in less than a week), how observant and then responsive he is.

It was a long, tough journey from Spartanburg, but now, he’s happy, well adjusted, and simply enthusiastic about life, every day. Those who saw him in the beginning find it hard to believe that he’s the same dog and say, “He really is a miracle dog.”



Tai at 11 months — 3 weeks in his new home



Tai at 22 months

Special Events

This column will feature upcoming events sponsored by non-profit organizations that provide benefits and services to our community. All articles must be submitted by an STMA member who is involved with the event. The article must meet the following criteria:

1. The article must be short, one or two paragraphs.
2. Fees or donations may be mentioned.
3. No forms or tear-offs.
4. The name of the STMA member must be listed as a contact.
5. If more information is necessary, an ad may be purchased and referenced in the article.
6. An event may be included for no more than two months.

The editor and/or editorial committee reserve the right to refuse or edit articles. Please send items for Special Events to theseatrailor@atmc.net or lehrere@atmc.net.

New Caregiver Support Group in Leland

If you help with daily needs like bathing or dressing, if you help balance the checkbook, if you take the person to the doctor or the grocery store, then you are a caregiver. You may be a son or a daughter, a husband or a wife, an in-law, a nephew or a neighbor. You may live together, next door, across the state, or even across the country. If you are providing regular assistance, you are a caregiver.

Please join us to talk about your successes and even your frustrations as a caregiver!

Facilitated by Gail Gibson, Retired Psychiatric Nurse 910-371-1460

Meets Every 3rd Wednesday of the Month at 3:00pm First Baptist Church • 517 Village Rd. • Leland, NC
From 3:00pm - 3:30pm Guest Speaker


Examples of Topics:

- How Nutrition Affects Alzheimer's patients.
- Relief for Physical Stress of Caregivers.
- Emotional Affects in Care Giving.
- From 3:30pm - 4:00pm Sharing and Caring Time
- With Family Caregivers Supporting Each Other

4th Annual Senior Follies

The 4th Annual *Senior Follies*, will be held Saturday, Nov 7 (7:30 pm) & Sunday, Nov 8 (2:00 pm), at Brunswick Community College (BCC). The *Senior Follies* is a fun-filled Variety Show produced by and for the benefit of Brunswick County Habitat For Humanity. Scott and Alice Stovin (Sea Trail) and members of the Ocean Ridge Singers are among the performers, all of whom are Brunswick County seniors. The show will be in the Odell Williamson Auditorium at BCC; over 1200 people attended last year. Ticket prices will be announced later. In mid-October, Scott & Alice (575-6334) will have tickets for purchase; or they will be available by credit card at Tickets@bccowa.com.

October 2009

SUN	MON	TUE	WED	THU	FRI	SAT
				1 Pilates 8 PP Ladies Bridge 9:15 PP STLN Club Championship 1-1:40 Byrd F	2 Yoga 10 PP TGIF 6 PP	3 Weights/Pilates 8 PP Sunset Beach Litter Sweep 9 Gazebo Parking Lot Sunset at Sunset
4 Fr. Herb Mass 9 PP	5 Aerobics 8 PP STLGA Club Championship Byrd 12:30-1:30 Men's Golf Con-	6 Strength Training 8 PP Book Club 3:30 PP	7 STLGA Club Championship Jones 12:20-1:17 Social 4 Pinochle 7 PP	8 Pilates 8 PP Ladies Bridge 9:15 PP STLN 12:59-1:56 Jones B ST Information	9 Yoga 10 PP Couples Bridge 7:30 PP Oktoberfest Magnolia's 6-9	10 Weights/Pilates 8 PP
11 Fr. Herb Mass 9 PP Couples Golf hosted by Lockes and Cundiffs	12 Aerobics 8 PP Men's Golf Conditioning 5 MAC	13 Strength Training 8 PP Garden Club Conf. Center	14 STLGA Club Championship Rain Date Maples 12:15-1:12 Pinochle 7 PP	15 Pilates 8 PP Ladies Bridge 9:15 PP STLN 1-2 Byrd B Tai Chi 3 MAC	16 Yoga 10 PP Tai Chi 10 MAC TGIF 6 PP	17 Weights/Pilates 8 PP
18 Niners Couples Golf 12:30-12:59 Maples	19 Aerobics 8 PP Men's Golf Conditioning 5 MAC	20 Strength Training 8 PP	21 STLGA 12:15-1:12 Jones Pinochle 7 PP	22 Pilates 8 PP Ladies Bridge 9:15 PP STLN Consolation Tourn. 12:59-1:56 Tai Chi 3 MAC	23 Yoga 10 PP Tai Chi 10 MAC TGIF 6 PP	24 Weights/Pilates 8 PP
25 Mixed Couples hosted by Chamberlain/Fisher and Shackeltons	26 Aerobics 8 PP STLN Board Meeting 3 MAC Men's Golf Conditioning 5 MAC	27	28 STLGA Halloween Tourn. with STMGA Byrd 9 Shotgun Pinochle 7 PP	29 Pilates 8 PP Ladies Bridge 9:15 PP STLN 1:10-2:10 Byrd F	30	31 Weights/Pilates 8 PP

STLN Pairings for October: Joan Stockton 575-6729 Cherle Rothermel 579-5263

STLGA Pairings for October: Mary Couch 575-4109 Kate Goodrich 575-5389