

The Sea Trailer

February President's Message

The best thing about February is that it is a short month that is usually followed by a month that starts to give us warmer temperatures and the popping of the Bradford Pears and Azaleas. It also means that we are getting ever closer to the completion of the addition to the Pink Palace. If the current progress continues, the new building should be completed near the end of March. The Construction Committee is doing a great job and a new committee, chaired by Roy Cundiff, has been formed to facilitate the buying of new equipment and the movement of the existing equipment. Plans are being made for a special Grand Opening event in late April or early May. In conjunction with this event, we will also hold a Spring Town Hall Meeting for all members. Final details will be in the March Sea Trailer.

On January 18, the first STMA Board Meeting was held that included all of the Committee Chairs. Each Chairperson gave a short report and fielded questions from the board and other chairpersons. The exchange of information was helpful in that everyone was made aware of all of the efforts of our volunteers. The board was able to take action on several items due to the information presented at the meeting (one being a change in the Facility Usage policy, which is addressed in the Rules Committee report below). This is but one

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Pink Palace Under Construction

President's Message continued

way we are attempting to enhance our communication efforts across the board. Other efforts include separating the email addresses of full time residents from part time residents so that email messages can be structured to specific populations; continual updating of the website to make sure information is current; and responding to member inquiries in a timely manner. I personally am grateful for the help of all of the STMA Board members and the Committee Chairs for helping make manageable my transition to President.

If you wish to become involved with any of the many volunteer opportunities available, please let me or any of the Board members know your interests. – *Gregg DeCrane*

Viewing Tip from the Editor

If you use Adobe Reader to read the Sea Trailer, you can scroll smoothly from one page to the next by selecting **Enable Scrolling** on the Page Display menu (accessed via the View menu). In earlier versions of Reader, the option was called **Single Page Continuous**.

Found in Early November

Digital camera found at the new Pink Palace building construction site. Please contact Tom Pickel at 910-616-4147.

A Revision from the Rules Committee

At their recent meeting, the Board of Directors approved a revision and clarification to the rules handbook regarding the reservation process for the facilities. The new wording in Item X. Pink Palace/MAC Meeting Facilities is as follows:

Reservation of the Sea Trail Master Association ("STMA") facilities is limited exclusively to Sea Trail property owners, with all reservations to be made through the Facility Reservation Chairperson. The reserved use of the facility is limited to property owners and their invited guests and the reserving property owner must be in attendance at the activity/function. A group of Sea Trail property owners planning to use the facilities for a specific type of activity may bring in an outside instructor.

Examples of activities for which the STMA facilities may be reserved include, among others, weddings, wakes, meetings, instructional classes, games, card groups, exercise classes, STMA sponsored events and other miscellaneous functions.

Examples of activities NOT permitted include meetings or parties for gatherings of political groups, business meetings of any kind that involve the solicitation of business and service group meetings, even when the requesting members are Sea Trail property owners.

The revised rules handbook has been posted on the website. Please take a moment to familiarize yourself with the rules and as always, if you have any questions please don't hesitate to contact a member of the Rules Committee.

– *Jim Leonard, Chair*

Facilities Schedule

Pools, Library, Exercise Facility, and Beach Parking Lot (no overnight parking)	6 am – 10 pm
Tennis Court and Chapel	7 am – 10 pm

Pink Palace and MAC meeting rooms: by appointment only through Jennie Gregory at 910-579-0418. If you will not need your scheduled room, please call Jennie to cancel.

News from the Facilities Committee

We have finished installing a dance floor in the Pink Palace. The floor is a match to the existing floor in the serving area and provides a nice area for those functions that involve dancing. The door to the ladies room has been remounted, so that it now opens out, against the wall where the calendar hangs, as you enter. This has been done to make it easier for those members using a walker or wheel chair to enter the ladies room. The extra chairs that were stored in the Pack Rat storage unit are now in what was the old sauna room. The storage unit has now been removed from the parking lot and returned.

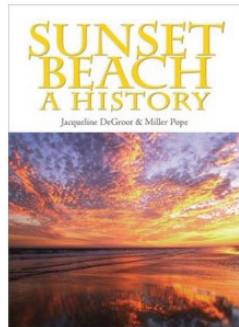
There will be a new area for these chairs, once the new building is completed.

Sea Trail Author Guest Speaker

The annual meeting of the Friends of Hickmans

Crossroads Library will be held Friday, February 25 at 4 p.m. in the meeting room of the library. Special guest speaker will be Jacqueline DeGroot, co-author with Miller Pope of "SUNSET BEACH: A HISTORY". Jack, as

she is known, has lived in Sea Trail with her husband Bill for over 14 years and began her writing career at that time. Even though her books are primarily romantic novels, she has endeavored to intertwine history of the Sunset Beach and Brunswick County area in each of the eleven books she has published and three she has co-authored. All members of the Friends are encouraged to attend this meeting and hear this interesting and entertaining speaker. Non-members who are interested in our local library and future speakers are also welcome to attend. For info, contact Gloria Lee 579-0949.



Social Committee News

Begin planning now to participate in the fun-filled activities planned for this year. Check the Sea Trailer each month for more information about each specific event.

March 26th, Saturday - Bingo at the Pink Palace

April 2, Saturday - Wine Tasting catered by LaCucina, Pink Palace

April 13, Wednesday - Bald Head Island Historic Tour and Lunch

May 21, Saturday - 50's/60's "Over the Hill Senior Prom, Pink Palace

June, July, August - Beach Parties (dates to be announced later)

October 29, Saturday - Scavenger Hunt/Halloween Party, Sea Trail/Pink Palace

December 9, Friday - Christmas Dinner Dance at the Sea Trail Convention Center



New Interest & Activity Groups

Euche Group – Rod and Loretta Braham are looking for anyone who is interested in playing Euchre on a regular basis. Please contact them at 579-8057 or via email at braham@atmc.net.

Granny's Closet

There are individuals at Sea Trail who are willing to lend out items such as cribs, high chairs, and medical items (for example, crutches or a walker). If you need to borrow an item, please call Eileen Chamberlain (coordinator) 579-3111, Chris Woods 579-0052, or Diane Kreuzburg 579-4333. If you have something you would like to add to or remove from Granny's Closet, please call Eileen.



Pinochle

We meet at the Pink Palace every Wednesday at 7:00 p.m. We play double-deck and are a friendly, patient group. If you would like to just come and "observe" for an evening, you are certainly welcome to do so. Couples and singles are invited. Questions: please call Loraine Kish at 575-2440.



Sea Horse Book Club



Our February meeting will be on the 1st. We will be discussing *Little Bee* by Chris Cleve. Also, for February's meeting, please bring suggestions for the upcoming months. In March, we are headed back to the classics and reading *Rebecca* by Daphne du Maurier.

If you enjoy reading and sharing your ideas, consider joining our lively group. We meet on the first Tuesday of the month at the Pink Palace at 3:30. You will not be disappointed. Contact Joyce Hellmann at jmhellmann@atmc.net or at 579-0273.

Bridge



Couples Bridge

January results:

East-West: 1st Judy & Don Pusey, 2nd Bev & Mike Williams

North-South: 1st Carol & Marv Peters, 2nd Dian & Tom Robbins

Couples Bridge will meet on Friday February 11th at 7:30 at the Pink Palace. Myrt & Ron Klein will host and anyone wishing to play can contact them at 579-1354.

Thursday Ladies Bridge

	1 st place	2 nd place	3 rd place
Dec 30 th	Gini Dallin	Phyllis Manfred	Trudy Schweinsberg
Jan 6 th	Dolores Wenstrup	Phyllis Manfred	Lillian Hugelmeyer
	Small slam was bid & made by Dian Robbins & Becky Brown		
Jan 13 th	Martha Lafferty	Pat Burbidge	Donna Vincent
	Small slams were bid & made by: Donna Vincent & Bob Manfred, Carol Peters & Judy Weld, Carol Forrester & Kay Roberts, Joanna Brawley & Judy Pusey		
Jan 20 th	Nancy Jo Marsden	Dolores Wenstrup	Martha Lafferty
	Small slams were bid & made by: Becky Brown & Carol Peters, Kay Roberts & Pat Gambarelli, Dian Robbins & Betsy Slover, Pat Burbidge & Pat Diehl		

Hosting for February: Dolores Wenstrup 579-1751 & Anne Giordano 579-8601



Sunset Cyclists

The Sunset Cyclists continues to grow in membership, grow in fitness and fun activities.

Every month we bike locally on three Saturdays and on one Saturday we transport our bikes to another location to ride. Last month we parked our cars on Oak Island and rode six miles to the U.S. Coast Guard facility where we were given a private tour of the facilities and boats. From there we biked another six miles to Fort Caswell and explored this historic site on foot. We ended by biking to the Oak Island golf course for lunch before biking back to our cars. This month the Sunset Cyclists will take their first overnight trip sponsored by Kathy and David Cyrulik. We leave on February 4th for Hilton Head with three days of biking, dining, and great times.

Future events include riding and assisting the Wounded Female Warriors and hosting a rest stop and/or riding to support the MS Foundation.

If this club's activities appeal to you, please join us. You don't have to bike fast or bike for miles. Our rides are usually between 8 and 16 miles. New riders will have opportunities to rest until they build up their riding endurance. Our planning meetings are the last Monday of every month at 10:15 a.m. at the MAC. Please join us or e-mail Charlene Doolittle chardoo@atmc.net for more information. If you'd like to join us for a local ride, we meet at the parking lot across from the Maples Club House at 11:00 a.m. on Saturdays. If you have not joined us on a ride previously, please call Charlene at 575-5977 to be sure our schedule has not changed.



Garden Club

Joyce Hellmann welcomed everyone to the 219th meeting of the Sea Trail Garden Club on January 11th (1/11/11!).

The Garden Club constitution and bylaws have been revised and sent out to members. The members will vote on them at our February meeting and changes will take effect in April.

Letters have gone out to charities to which we've donated in the past. We've asked for their response by February 11 at which time we'll evaluate our 2011 donations.

Mark your calendars for March 22nd: the date for our annual Garden Club tea at Jones/Byrd. A team is currently working on the agenda and activities for the day and it is sure to be another great GC Tea!

Another fun day will be our April meeting which will take place at the Plantation Garden & Gift in Calabash followed by lunch at a nearby restaurant.

Stay warm! Spring is not far away. – Secretary Pam Fisher

Thank You

As most of you know, my sweet husband Frank fought for his life for almost 12 years and lost the battle on December 14th. He never complained and was a gentle and loving man with a great sense of humor and a winning smile for everyone.

Our wonderful "Sea Trail Family" has come to my aid many times over our 15 years here. And, once again, I am thanking you for your prayers, phone calls, visits, delicious foods, lovely-sentiment cards, Mass cards and your moral support and expressions of sympathy at the memorial service. My special thanks to STLGA, Garden Club and Jennie Gregory for putting together the wonderful reception following the funeral.

Frank would want me to express his feelings to his best buddies, the DUFFERS. He loved you casual-golfing, beer-drinking, fun-loving guys and always enjoyed his time spent with you at the 19th hole even after he couldn't play golf anymore.

Frank is at peace in God's hands, and our children and grandchildren are so pleased that I am blessed to be at Sea Trail with such caring and loving friends. God Bless All of You...

Love, Loraine Kish



Thank You

The Thode family would like to extend our deepest appreciation to the Sea Trail community. The way you rallied around us providing meals and hosting the funeral reception was truly amazing. Thank you for the countless efforts and gifts including the Men's Golf Club donating a brick for the garden in Ken's honor. It is so comforting to have such a wonderful community around us during this difficult time of loss.

Magnolias Lounge

Open Daily: 7 a.m. – 5 p.m.
Located in the Jones/Byrd Clubhouse; 287-1119

Brassie's Pub

Open Daily: 7 a.m. - 5 p.m.
Located in the Maples Clubhouse; 287-1385



Knitting Club

We meet at the Pink Palace the 1st and the 4th Wednesdays of each month between 1.30 pm and 5.00 pm.

Bring your project, your favorite drink and come to relax with us. If you've never knit before but would like to learn, you are welcome to join us.

We are a fun loving group that helps each other.

Upcoming dates: Feb 2nd and Feb 23rd

For information, please contact:

- Michele Lupien 579-8470 mimilupien@gmail.com
- Betty Ann Luff 575-0297 luff1@atmc.net



Sea Trail Grandmas

Service project to knit and sew clothes for premature and new born babies. We meet on 1st and 3rd Mondays of each month at the Pink Palace from 9.15 am to 11.30 am. Everyone is welcome.

Upcoming dates: Feb 7th and Feb 21st

For information, please contact:

- Michele Lupien 579-8470 mimilupien@gmail.com
- Betty Ann Luff 575-0297 luff1@atmc.net

Please visit our blog: www.seatrailgrandmas.blogspot.com



Dining at Sea Trail

The first Theme Dinner for the new year will on Friday, February 11 with seatings at 5:30 and 7:30 PM. The cost is just \$25.00 per person and this includes tax and gratuity. Reservations are required – please call 287-1163 by Monday, February 7th. Why not treat your special Valentine and surprise her with a reservation to this wonderful dinner.

The menu for the Valentine's Theme Dinner will include a full salad bar; roasted tomato soup; brown sugar and bourbon glazed pork loin; pan seared salmon with citrus-champagne beurre blanc; orrechiette with short rib ragout; grilled asparagus; potato gnocchi; choice of dessert to include raspberry crème Brule cheesecake or chocolate mousse torte; and a glass of sparkling wine with dinner.

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Dining at Sea Trail continued

The \$2.00 for Tuesday special will continue in February at both Magnolias and Brassies' Pub. This month it will be two tacos for \$2.22. Price includes tax but does not include gratuity or a drink/side. It may not be combined with other discounts.

Daily Lunch Specials During February

Prices include tax but do not include gratuity or a drink. These specials cannot be combined with other discounts.

Brassies' Pub - \$5.00: Mon - the "Dagwood" deli sandwich; Tue - meatball sub; Wed - grilled Caesar wrap; Thurs - soup and sandwich; Fri - pot roast sandwich; Sat - grilled chicken club; and Sun - firehouse chili. All are served with chips and a pickle.

Magnolias' Lounge - \$6.00: Mon - Meatloaf with mashed potatoes, gravy, and green beans; Tues - fried chicken, mac n' cheese and collards; Wed - soup and salad bar; Thurs - spaghetti and meatballs with garlic bread; Fri - boneless buffalo wings basket with fries or chips; Sat- fried green tomato BLT with fries or house chips; Sun - pulled pork BBQ plate with baked beans and Cole slaw.

Have a very Happy Valentine's Day & don't forget to do something extra nice for that special person in your life. -- *Diane Kreuzburg*



March Dine Around

Please join us on Monday, March 7 at Chuck's Steak House,

9695 N. Kings Highway, Myrtle Beach, SC, Hwy 17, 1.5 mi. S. of the Tanger 22 Outlet

Phone # 843-449-7611

Chuck's is a long time favorite of many Sea Trailers.

Your March hosts: Kathy & Norm Christen and Alice & Scott Stovin

Included in your dinner price is a choice of Baked Potato, French Fries and Seasoned Rice along with their famous Salad bar and Hot Homemade Rolls.

Choice of coffee, tea or soda is included.

Entrée choices:

8 oz. Prime Rib

8 oz. Sirloin

10 oz. Grilled Chicken Breast

8 oz. Fresh Fish/Mahi Mahi or Tuna

Price is \$30 per person. Happy hour starts at 5:30 pm and those prices will be effective at the bar and at your table until 7:00 pm. Dinner served at 6:30 pm

Please send or drop off a check to Kathy Christen, 401 Planters Ridge Dr. (basket on porch) with your entrée choice indicated next to your name on your check. If name isn't on check, please write it in. Thank you.

Cut off will be 80 people; deadline, Sunday, February 27.

Dine Around for April will be at Villa Tuscanna Restaurant in North Myrtle Beach. Please put April 4th on your calendars and plan to dine on superb Italian fare with your Sea Trail neighbors and your April hosts, Don & Kaye Evans and John & Kate Goodrich. Menu choices will be in the March Sea Trailer.

Sea Trail Corp Contacts

President	Dana Connelly	287-1112
Ex. Admin. Assistant	Rebecca Edgar	287-2114
Accountant Master Association	Debra Bordeaux	287-1192
Staff Accountant/ Member Golf	Anita Langin	287-1188
President of Golf	Tom Plankers	287-1152
Golf Maintenance	Mark Benton	287-2140
Director of Facilities	Bob Lank	287-1194
Jones/Byrd Golf Shop		287-1122
Maples Golf Shop		287-1125

Sea Trailer Contacts

Editor	Amy Bucklin	603-315-9179
	amybucklin@comcast.net or theseatrailer@atmc.net	
	Deadline for newsletter submissions = 22 nd of the month	
Staff Writer	Anita August	575-0751
	anitahrd@aol.com	
Membership	Debra Bordeaux	287-1192
	bordeaux@seatrail.com	
	Deadline for address changes = 15th of the month	



Sea Tails by Anita August

A Vizsla Comes to Sea Trail

If you've ever had a Vizsla, or known anyone who had them, you know that these dogs aren't for everyone. This beautiful breed originated in Hungary. Their keen senses and lean, muscular bodies made them excellent hunters. They are known for their exceptional stamina, love of running, and quick intelligence. If their owner isn't clearly the "alpha" in this relationship, the Vizsla will quickly assume that role, often with negative consequences. They are spirited, fast learners, and they love people. And these are some of the many qualities that Pam Fisher and Jeff Chamberlin loved about the breed. They had Hootie, a female Vizsla, for over thirteen years. Sadly, they lost Hootie last year. Their search to adopt another Vizsla started by contacting breeders last August and they connected with a good kennel near Hickory, NC. Just after the holidays, they were able to adopt their new Vizsla puppy, whom they named "Callie" (for Callaway).

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TGIF

What a great way to start the new year! A TGIF to exchange your worst Christmas gift for someone else's worst gift. We don't go back far enough to know the history of the slippers and palm tree but they did bring a lot of laughs, not to mention the underwear that made its way around. Alice, you looked great sashaying up there to pick your gift.

Thank you to the Suttons and Hills for thinking up the theme and hosting for the past four years, and to Pam and Jeff for accepting the mike to continue on the tradition. Mary and Dick have stepped up and agreed to be co-hosts. What's in store for next year?

To our two new couples who joined us that evening, welcome to Sea Trail. Hope we didn't scare you away.

The dates and hosts for the February TGIFs are:

February 4	Myrt & Ron Klein Rita & David Ashley
February 18	Carrie & Garl Wiles and Jeanne & Tom Deacon

Bring an appetizer to share and your drink of choice and join us at the Pink Palace from 6:00 to 7:30 pm for some warm and friendly socializing. – *John and Jo Ann Barton*

Golf

Couples Golf

Unfortunately, Mother Nature was unkind to us again and we had to cancel our Jan. 9th event. As of this writing, we are optimistic for the mixed event on the 30th. The February events are a couples tournament on February 13th and a mixed event on the 27th. Mark your calendars for the Battle of the Sexes, which will be held on March 13th. We would like to thank all of the people who have already signed up to host dates in 2011. If you haven't yet had the opportunity to sign-up to host, the sheet is up



in the Jones/Byrd Clubhouse. Hosts are needed for the following Sundays: February 27, May 8, May 29, June 26, July 31, Sept. 25 and Nov. 27.

Hopefully, you have noticed some of the changes on the property owners website and calendar. We have updated the calendar to show the courses, start times, special events, and hosts for the year. We have added the schedule and host instructions/guidelines to the website and updated the home page.

-- *Mike and Mary Alice Jerome*

Golf continued

Lady Niners

Our February 2nd Luncheon at the Pink Palace will start early at 10:30 with a fun putting competition for both golfers and non-golfers. Prizes will be awarded and we will provide the putters and golf balls, so come early to see what the "Fun Bunch" has planned to kick off our year! Lunch will be served at 11:30 and the meeting will follow lunch.

Pairings for February: Darlene DeCrane (579-3324) and Joan Cech (579-1930). Sign up on line or at the J/B Clubhouse by Monday Noon. If you don't have a computer, put your phone number next to your name on the sign-up sheet. If for any reason you have to cancel, call the clubhouse and either Darlene or Joan.

Our hosts for our February Couples are JoAnn & Rich Abrams and Darlene & Gregg DeCrane. We will be playing on Sunday, February 20. Look for details on the bulletin board in the J/B Clubhouse.

Slick Chicks is a great way to practice before league day. Those wishing to play are to email or call Susan Hartsburg (203-526-2304) by Saturday Noon. We play every Tuesday and if changes need to be made after you have signed up contact Susan and the clubhouse.

-- Anita Clark/Publicity

Heard Round the Bag Drop

The golf in January was only for the hale and hearty! With temperatures in the 30's and 40's and brisk winds to chill the body even more, few STLGA members ventured out. Between the cold weather and the holidays there were fewer golfers on the courses. For any of you who did play golf last month, there were some special bonuses. First of all, there was little waiting on the course and tee times were easy to obtain. Remember that when April and May roll around! Secondly, wildlife, especially large birds like herons, ibis, and egrets were everywhere. One day our group counted 14 herons, numerous cormorants, and countless egrets on the pond between number 2 and 3 of the Byrd. Of course there were also some "birdies" in our foursome that day.

The Jones/Byrd clubhouse will not open in February until 8:00 AM. Good to know when you are trying to check on frost delays early in the morning. You may have noticed that the Maples Course has been closed on the weekends because of the cold weather which has led to fewer players on the courses.

By the time you read this article, the first STLGA meeting of 2011 will have taken place. Details of the meeting and luncheon will be in the March Sea Trailer. Pat Sutton is hoping for a great turnout of members!

Hope February ushers in lots of warmer, sunny days and great golfing for all of us.

Sea Tails continued

Callie is the most beautiful girl and already is displaying all the puppy enthusiasm and energy for which her breed is known. Jeff had just brought her back from a walk when we arrived to take pictures. Callie bounded into the living room and dashed right over to Leon, flying up onto his chest, not concerned by the camera, simply licking his face and scrambling around to find a place in his arms.



Pam and Jeff are enjoying the excitement of new discoveries daily with Callie. They are already beginning "doggie kindergarten" with their enthusiastic pup in weekly classes at the Canine Academy in Bolivia. From their years with Hootie, they've also decided to make a few changes as they raise Callie.

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Sea Tails continued

Hootie had enjoyed too many pigs ears over the years, so one new rule for Callie, "NO pigs ears!" And Hootie had become quite accustomed to enjoying cheese and crackers at "Happy Hour."

Pam said that as soon as she'd walk over to get ice from the refrigerator for any reason, Hootie would gleefully start leaping around, already anticipating the hors d'oeuvres that she expected to follow. (Right now, many of you are nodding in agreement. Hootie wasn't the first dog to have been 'spoiled' by more than their share of Happy Hours.) So now, for the young and impressionable Callie: "NO people food!" However, Callie's already discovered the joy of sharing Pam and Jeff's king-size bed. So, she's not suffering in too much austerity.

Since Vizslas require regular and vigorous exercise, and they are loving socializers, be prepared to see a lot of Callie as she takes her new parents on lots of walks and runs. And be prepared to "meet and greet" this newest addition to Sea Trail's wonderful canine community. Callie is truly a delight, and she'll be more than happy to make your acquaintance!

Photos by Leon August, MrAugust4U@aol.com



Thanks

Ches and I would like to thank our friends in the Sea Trail Community for their many concerns, cards, phone calls, food, and most of all your prayers during the past 6 months. We are so happy to be living in such a caring community. Our protocol right now is to take chemo once a week for three weeks and then off a week. Right now, it takes both of us to keep up with doctor appointments and medication schedules, but we hope to be back out on the golf course WHEN it warms back up and to start thinking about which CLUB to use! We appreciate your continued prayers and concerns.

New Owners

Eric Kohlmyer (moved into existing home)
649 Fairway Dr. West
910-579-5470
ekohlmyer@gmail.com

Kyle and Mikel-Ann Caffrey
Lot 24 Brookwood Park
Mailing Address:
40 Spinners Run
South Windsor, CT 06074
860-637-4078

Edmund Forker and Kathleen Slavin (new to Sea Trail)
958 Oyster Pointe Dr
910-579-7938
kasesf@comcast.net

Changes

Nancy Amore
nancyamore@gmail.com

Walter and Susan Hartsburg
Snw522@gmail.com

John McCormack
camnhoj@hotmail.com

William (Bob) R and Carol Lank III
bclank@atmc.net

Debbie Jackson
Debbie103@earthlink.net
Kevin Glova
Keybo112153@yahoo.com

Jack Alexander
jalexander@valueadvisorygroup.net

Lawrence and Carol Deckbar
223 Kings Trail Dr Unit 503
New Mailing Address:
412 Foxglove Lane
Indian Trail, NC 28079
New Phone Number:
704-275-4083

Jim and Rebecca Young
525 Fairway Dr. W
New Mailing Address:
1919 Sherwood Drive
Greenville, NC 27858
New Phone Number:
252-364-8473

Anthony and Elaine Farraye
235 Kings Trail Dr Unit 2101
New Mailing Address:
P.O. Box 7712
Ocean Isle Beach, NC 28469
New Phone Number:
602-793-7109 (cell)

James and Mary Griffin
180-2 Clubhouse Rd
New Mailing Address:
4271 Plantation Ridge Lane
Greensboro, NC 27409-9237
New Phone Number:
336-851-5897

Jeffrey and Nina Bzdelik
400 Sea Trail Dr. West
New Mailing Address:
2685 Arbor Place Court
Winston-Salem, NC 27104
New Phone Number:
336-722-2211

Sea Trail Prayer Support Circle

We begin the month of February with an update from January. We are sorry to have missed the deadline in January because of an address error. The new editor, Amy Bucklin, did try to help us by posting our article on the Sea Trail website, but we wanted to repeat some of what we had written to be sure that everyone could know what was happening with us. One very important fact was that Marge Gallop had resigned her position as secretary. We wish Marge and George all the best as they begin a second retirement. They go with our love, prayers and gratitude for all the time, work and energy given to the prayer circle and the Chapel-on-the-Green. Another big thank you for the husbands of our circle members who have helped us with the activities required for the chapel. Thank you, fellows- you are a Blessing indeed!

Don't forget February brings one of the sweetest days of the year - Valentine's Day! Remember your nearest and dearest, and let them know how very special they are to you. Remember them in your prayers! God's Peace, Sea Trail Prayer Support Circle

Volunteers Needed to Help with Cats

I have been working with Paws-Ability to learn how to trap the feral cats in our community and why it is important. While many of the cats around the Conference Center have been fixed, I estimate that there are still 6 cats left that need to be trapped and fixed. I have worked on this project solo but now am in need of help from willing volunteers to complete the trappings by spring before the reproduction season starts again. Time is of the essence.

It is not difficult work but is time consuming. We need to trap each cat, bring it to the vet to be spayed or neutered and get a rabies shot, and return it to the same site where it was trapped.

I also need volunteers to help feed the cats on a regular basis. Feeding requires limited time. I will set up and distribute a schedule once volunteers are lined up.

I am often asked why I do this. I also hear comments that these cats are a pain and pests. The truth of the matter is that these cats are part of our local ecosystem. They do an enormous job of curtailing the rat, snake, and bug population that would otherwise be rampant. The cats form a colony or little neighborhood if you will. They allow only a limited number of cats into the colony proportionate to the amount of food available in that area. Other strays have to move on and find a new colony. One dies and another is let in. Since the numbers in the colony increase as kittens are born, it is imperative that we spay and neuter the colony. If they cannot reproduce, the colony will have a finite number of members and the population is controlled.

Paws-Ability is a nonprofit organization in Brunswick County that fundraises to assist animal shelters and rescue groups such as SOAR, Paws Place, and Cat Tails Paws (www.paws-ability.org).

If you are interested in helping with the Sea Trail feral cat project, please contact me at 910-579-3347 or 910-575-2225. – *Dr. Pam Owens*

Prayer Requests

If you have a prayer request for yourself or a loved one, call one of the members listed below. We pledge confidentiality!

Myrt & Ron Klein, Oyster Pointe, 579-1354

Mary Lou Miller, Kings Court 575-4919

Gloria Lee, Osprey Court, 579-0949

Carol Marchell, Rice Mill, 579-9561

JoAnn Jenkins, Sugar Sands, 579-5973

Rosemary Walker, Sugar Sands, 579-9079

Thank You

THANK YOU!! THANK YOU!! THANK YOU, all you wonderful people that volunteered your time to help decorate and un-decorate the Pink Palace and MAC for Christmas! I sincerely want you to know how much your help was appreciated. Priscilla Donaldson, Chairperson



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30 Jan	31	1 Feb	2	3	4	5
		8:00am - 9:00am Strength Training 9:00am - 12:00pm First Tuesday Bridge 5:00pm - 6:00pm Line Dancing 6:30pm - 8:30pm Scrabble	10:00am - 2:00pm STLN 2:00pm - 5:00pm Knitting Club 7:00pm - 9:30pm Pinochle	8:00am - 9:00am Aerobics 9:15am - 12:30pm Ladies Bridge 12:30pm - 4:00pm Golf Group	8:30am Bug Treatment 9:30am - 11:00am Yoga 12:00pm - 4:00pm Golf Group 6:00pm - 7:30pm TGIF	8:00am - 9:00am Strength Training & Pilates 4:00pm - 10:00pm Songbirds
6	7	8	9	10	11	12
5:00pm - 11:00pm Reserve	8:00am - 9:00am aerobics 9:00am - 12:00pm Sea Trail Grandma's 12:00pm - 3:30pm Bible Study 7:00pm - 10:00pm Mah Jongg	8:00am - 9:00am Strength Training 9:00am - 12:00pm Garden Club 12:15pm - 5:00pm STMGA 5:00pm - 6:00pm Line Dancing 6:30pm - 8:30pm Scrabble	9:30am - 1:00pm Hand & Foot 3:00pm - 5:00pm Bow Making 7:00pm - 9:30pm Pinochle	8:00am - 9:00am Aerobics 9:15am - 12:30pm Ladies Bridge 12:30pm - 4:00pm Golf Group 4:00pm - 5:30pm RESERVED	8:00am - 9:00am Aerobics 9:30am - 11:00am Yoga 12:00pm - 4:00pm Golf Group 7:00pm - 10:00pm Couples Bridge	8:00am - 9:00am Strength Training & Pilates 10:00am - 12:00pm Bow Maker 5:00pm - 10:00pm Reserve
13	14	15	16	17	18	19
4:00pm - 8:00pm Couples Golf	8:00am - 9:00am aerobics 9:15am - 2:30pm Bridge 2:30pm - 4:00pm Bow Maker 4:00pm - 6:00pm Songbirds 7:00pm - 10:00pm Mah Jongg	8:00am - 9:00am Strength Training 9:00am - 2:30pm Bridge 6:15pm - 10:30pm RESERVED	9:30am - 1:00pm Hand & Foot 3:00pm - 5:00pm Social Committee 7:00pm - 9:30pm PINOCHLE	8:00am - 9:00am Aerobics 9:15am - 12:30pm Ladies Bridge 12:30pm - 4:00pm Golf Group	8:00am - 9:00am Aerobics 9:30am - 11:00am Yoga 12:00pm - 4:00pm Golf Group 6:00pm - 7:30pm TGIF	8:00am - 9:00am Strength Training & Pilates 10:00am - 12:30pm Reserve 5:00pm - 10:00pm MBD Meeting
20	21	22	23	24	25	26
	8:00am - 9:00am aerobics 9:00am - 12:00pm Sea Trail Grandma's 12:00pm - 3:30pm Bible Study 4:00pm - 5:30pm Facility 7:00pm - 10:00pm Mah Jongg	8:00am - 9:00am Strength Training 9:15am - 2:30pm Bridge 5:00pm - 6:00pm Line Dancing 7:00pm Bible Study	9:30am - 1:00pm Hand & Foot 1:30pm - 5:00pm Knitting Club 7:00pm - 9:30pm PINOCHLE	8:00am - 9:00am Aerobics 9:15am - 12:00pm Ladies Bridge 12:30pm - 4:00pm Golf Group 4:00pm - 5:30pm RESERVED	8:00am - 9:00am Aerobics 9:30am - 11:00am Yoga 12:00pm - 4:00pm Golf Group 4:00pm - 9:00pm Crooked Gulley Get-together	8:00am - 9:00am Strength Training & Pilates
27	28	1 Mar	2	3	4	5
4:00pm - 8:00pm Couples Golf	8:00am - 9:00am aerobics 9:15am - 2:30pm Bridge 4:00pm - 6:00pm Songbirds 7:00pm - 10:00pm Mah Jongg	8:00am - 9:00am Strength Training 9:00am - 12:00pm First Tuesday Bridge 3:30pm - 5:00pm Seahorse Book Club 5:30pm - 9:00pm Neighborhood Bible Study	9:30am - 1:00pm Hand & Foot 1:30pm - 5:00pm Knitting Club 7:00pm - 9:30pm PINOCHLE	Golf Group 8:00am - 9:00am Aerobics 9:15am - 12:00pm Ladies Bridge 4:00pm - 5:30pm RESERVED	8:00am - 9:00am Aerobics 9:30am - 11:00am Yoga 12:00pm - 4:00pm Golf Group 6:00pm - 7:30pm TGIF	8:00am - 9:00am Strength Training & Pilates

MAC – February 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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	10:00am - 11:30am Bike Club 5:00pm - 6:00pm Men's Golf Fitness 6:30pm - 9:00pm Bible Study	8:30am - 10:30am STLGA Bd. 1:00pm - 5:00pm Mah Jongg/Bridge 6:45pm - 9:30pm Poker	12:00pm - 4:00pm Golf Group 7:00pm - 10:00pm Maj Jongg	9:00am - 12:00pm Mah Jongg 3:30pm - 5:30pm Mah Jongg 7:00pm - 9:30pm Poker Group	9:00am - 12:00pm Hand & Foot 12:00pm - 4:00pm Golf Group	
6	7	8	9	10	11	12
	9:00am - 2:30pm Bridge 5:00pm - 6:00pm Men's Golf Fitness 6:30pm - 9:00pm Bible Study	9:00am - 1:00pm Bridge 1:00pm - 5:00pm Mah Jongg/Bridge 6:45pm - 9:30pm Poker	12:00pm - 4:00pm Golf Group 7:00pm - 10:00pm Maj Jongg	9:00am - 12:00pm Mah Jongg 3:30pm - 5:30pm Mah Jongg	12:00pm - 4:00pm Golf Group 7:00pm - 10:00pm Bridge	
13	14	15	16	17	18	19
	12:00pm - 3:30pm Bible Study 5:00pm - 6:00pm Men's Golf Fitness 6:00pm - 9:00pm Reserve	1:00pm - 5:00pm Mah Jongg/Bridge 6:45pm - 9:30pm Poker	8:30am - 11:00am Reserve 12:00pm - 4:00pm Golf Group 7:00pm - 10:00pm Maj Jongg	9:00am - 12:00pm Mah Jongg 3:30pm - 5:30pm Mah Jongg	9:00am - 12:00pm Hand & Foot 12:00pm - 4:00pm Golf Group	
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